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Food, Page 1C

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# Granite City Journal

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VOLUME 20, NUMBER 46

WEDNESDAY, JUNE 12, 1996

FIFTY CENTS

## No secrets allowed

### Haine advises public voting on chairman

The Madison County Board apparently will elect a new chairman today in a public vote, though some board members would prefer other wise.

The board will meet at 9:30 a.m. to elect a successor to the late Nelson Hagnauer, who died last month after 24 years as chairman.

"I cannot advise you to do anything else but have an open, recorded vote," State's Attorney William Haine said Friday at a meeting of the Legislative Committee. "The law is clear."

Board member Don Rea of Granite City, considered one of three leading contenders for the position, put in a pitch for a secret ballot. "We have a constitutional right to a confidential vote," Rea said.

He said board members deserve



Haine



Rea

the same confidentiality as voters who cast ballots on election day.

Board member Jack Orrill of Godfrey said he shared Rea's view.

Haine said Rea's position was interesting but wrong. "You're not like a citizen at the polling place. You're exercising a duty of your office. It has to be carried out in such a way that

you're accountable to the voters. I feel strongly that, if I advise you any other way, we'll have a chairman whose election is open to question."

Haine said a secret ballot, as Rea proposed, would be "equivalent to an executive (closed) session," and selection of a chairman is not allowed in a closed session.

Two other contenders for the position, Rudy Papa of Bethalto and Alan Dunstan of Troy, said they were satisfied with Haine's advice.

Rea said after the meeting that he thought an open vote might leave lingering animosities among members and that many would be more comfortable with a secret vote.

Haine also told the committee the new chairman would have to have (See CHAIRMAN, Page 2A)



Free ride — Jenna Bennett, center, and Peter Christie, right, both 3 years old, enjoy a chauffeured tour of their neighborhood as Jenna's mother, Sue Bennett, left, pulls them along in Jenna's wagon. (Staff photo by JOHN FRES)

## Chairman to name board member

By Bob Slate  
Staff writer

One of the first responsibilities of the new Madison County Board chairman will be to name a county board representative in District 20.

While much of the attention in the wake of the death of long-time board member and chairman Nellie Hagnauer has focused on his successor as chairman, residents of the Tri-Cities are wondering who will fill the remainder of Hagnauer's

term on the board.

Democratic precinct committeemen in District 20 will select a replacement for Hagnauer on November's ballot. But the responsibility to select someone to fill the remainder of Hagnauer's term falls to the new chairman.

Political insiders said this week that Hagnauer's wife, Bernie — who succeeded her husband as township supervisor — will probably be offered the county board seat.

On Monday, Bernie Hagnauer did

not rule out the possibility that she would accept the appointment, at least until November.

Granite City Alderman Mac Warfield, chairman of the Madison County Democratic Central Committee and committeeman in precinct 2 — located in county board District 20 — has also been mentioned as a possible successor if Bernie Hagnauer declines the appointment.

Warfield could not be reached (See BOARD, Page 6A)

## David Partney runs for mayor

By Bob Slate  
Staff writer

Granite City Democratic precinct committeeman and former school board President David Partney has thrown his hat into the ring as a candidate for mayor next spring.

"(Current Mayor) Ron (Selph) is a nice guy," Partney said Monday. "I've tried to give him the benefit of the doubt. But looking at the city the past three years, I just don't think he's getting the job done for the city or the residents."

Selph and Dewey Melton —

also a former school board president — have previously announced their intention to run for mayor next April.

Selph said he is busy focusing on city business right now and will worry about the election later.

Melton could not be reached for a reaction to Partney's candidacy.

Partney, 52, is a lifelong city resident and one of three sons of the late former Mayor Donald Partney Sr. In the primary election in March, Partney was elected Democratic committeeman in precinct 31.

Dave Partney served nine



David Partney

years on the Granite City School Board, beginning in 1978. He served a stint as president of the board in 1983-84.

"I think I did a pretty good job there, helping the district (See PARTNEY, Page 4A)

## ASF sets drug-free goal

### Company, four unions, city joining forces

By Bob Slate  
Staff writer

Several years ago, Granite City adopted a goal to be drug-free by the year 2000.

Schools and city leaders have been behind much of the effort. The school district obtained grants to promote an annual Drug Free by 2000 family festival.

City officials — especially police — have also been actively involved in the Drug-free by 2000 effort.

Now, a local business is getting in on the act. American Steel Foundries, in cooperation with its four bargaining units, has declared this "Drug Free Awareness Week" at the plant, with awareness activities slated each day.

"This is a cooperative effort with the company, the four unions and the city," said Jerry Gura, spokesman for Amsted Industries, ASF's parent company based in Chicago.

The plant is taking a three-prong approach to the problem of drugs in the workplace: an educational program of awareness activities this

week to make all employees more aware of the dangers of alcohol and drug abuse; a drug testing program that includes mandatory pre-employment screening followed by random testing; and a rehabilitation program that can be entered voluntarily or becomes mandatory for those failing random drug tests.

Educational programs slated for this week include distributing buttons, pencils and bumper stickers carrying drug-free messages to employees; distribution of posters with a drug-free theme for employees' children; an informational booth at the personnel building entrance set up by St. Elizabeth Medical Center; and unveiling of a "Drug-Free Workplace" banner at the employee entrance.

Mayor Ron Selph, ASF President Ronald E. Barker, Human Resources Director Albert J. Grigalunas, Plant Manager Bill Donovan and union business agents have been invited to attend the unveiling at 3 p.m. Friday.

Niedringhaus Avenue will be closed from Walnut Street to the railroad tracks from 2:45 p.m. until 3:30 p.m. for the banner unveiling.

## Hole-in-One shootout set

By Bob Slate  
Staff writer

For a \$1 donation to the Granite City Centennial, area golfers can take their shots at a chance to make \$65 or more. There will be a total of \$1,000 given away to participants in the Centennial Hole-in-One and Closest to the Pin Shootout, to be held June 29-30 and July 4 in Wilson Park.

"We thought it would be better to spread the wealth around (See GOLF, Page 5A)

## In the Journal

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**5 FULLER FORECAST**

John Fuller, Chief Meteorologist, KSDX NewsChannel 5

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
81 63	85 66	89 69	91 72

### Nutrition-wise

Dot Bailey and her Marshall School fourth-grade class search the aisles at Schnucks supermarket for some items on a typical shopping list to see how they stack up in terms of nutrition. Bailey made up the list and took the students out to see what is in their favorite foods during the last week of class. More photos on Page 8A.



(Staff photo by JOHN FRES)

## Man drowns in accident

A 29-year-old former Granite City man drowned Saturday when his car left the levee road off Old Alton Road near Granite City and submerged in a drainage ditch containing six to seven feet of water.

John Wayne Moore Jr., of the 4100 block of Newstead in St. (See DROWNING, Page 6A)

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(Staff photo by BOB SLATE)

**Donation** — John Greco, center, president of the Granite City Italian-American Club; and Wilma Tongay, right, president of the Granite City Optimist Club; hold a certificate of award from the Tri-City Area YMCA. The I-A Club donated \$250 to the Tri-City Area YMCA and promised to double that amount if another organization would match their initial gift. The Optimist Club accepted the challenge, matching the \$250 donation. At left is YMCA Executive Director Rich Wittmann.

## Man suing Madison sentenced

### 17-year sentence is issued on unrelated drug charges

By Scott Cousins  
Staff writer

A Madison man who is suing the city's police department for more than \$20 million was recently sentenced to 17 years in federal prison in an unrelated case.

Janson Jones, 23, of the 1900 block of Fifth Street in Madison was sentenced to 210 months in federal prison, fined \$1,100 and must undergo five years of supervised release upon completing his jail term.

On Dec. 31, Jones and Yolanda Y. Nunley, 29, were arrested by Madison police on federal charges.

Jones had been charged with one count of conspiracy to distribute narcotics and seven counts of unlawful selling, delivery or disbursement of narcotics. He had pleaded guilty on Feb. 12. Nunley was charged with conspiracy and unlawful distribution of narcotics.

She had originally pleaded not guilty, but changed her plea to guilty during a May 22 hearing in East St. Louis.

Nunley's sentencing date is Aug. 30.

Assistant U.S. Attorney Suzanne Wissmann said the charges stem from a series of undercover drug buys by Drug Enforcement Administration agents in 1994.

Madison Police Chief Steve Skoklo said he is pleased with the sentence, and said it serves as a warning to other drug dealers in the city.

He also noted that police have stepped up patrols, increased drug-related arrests and are cooperating with federal authorities to put drug dealers behind bars.

In April Jones filed a \$23 million, three-count suit in U.S.

District Court in East St. Louis.

In the suit, Jones claims that on April 26, 1994, Madison police used excessive force, intentionally inflicted emotional distress and falsely arrested Jones.

Named in the suit are Skoklo; Mayor John Bellcoff; police board members Gene Robertson, William Hoover, and Roosevelt Taylor; and former police officer John Beswick, who is now with the Madison County Sheriff's Department.

According to the suit, during a 911 call to Jones' house in the 1400 block of Third Street, police told him to leave the home and then released a police dog, which attacked Jones.

According to police reports, Jones allegedly refused to leave and threatened to assault and shoot police officers. When police attempted to arrest him, Jones started running out the door and reached under his shirt.

Police released the K-9 and Jones was subdued. A search revealed a cigarette lighter shaped like a small pistol.

### What's Your Most Valuable Asset?



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### Seniors plan barbecue on Saturday

The Eagle Park Acre Seniors will hold a barbecue at 11 a.m. Saturday, June 15, at the corner of Harrison and Brook streets, across the street from Cloverleaf.

Items available will be pork steak plates for \$3.75 or sandwiches for \$2.75, ¼ chicken plates for \$3.50 or sandwiches for \$2.50 and hot links for \$1.50. A choice of spaghetti, potato salad or slaw will be offered with plates.

### Whiplash? Auto Accident?

Americans are involved in 1 auto accident each 10 years, which may cause significant injury to nerves, muscles and ligaments, resulting in neck and back pain and stiffness, headache, pain or numbness in the arms or legs, weakness, etc. Uncorrected whiplash or back injury may result in permanent damage such as arthritis, disc degeneration or neurological problems. It's wise to be examined for range of motion, neurological range of motion and strength testing is the most accurate and accepted method of evaluating whiplash and other injury.

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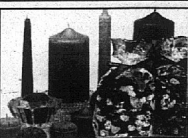
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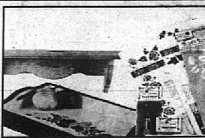
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# 4,700 seek disaster assistance

Less than one month after President Clinton signed a major disaster declaration for severe storms and flooding in Illinois, more than \$4 million has been approved and almost 4,700 people have applied for disaster assistance, according to state and federal recovery officials.

The largest amount assistance has come in the form of Disaster Housing grants, which help people pay for minor repairs to make their homes livable or rent suitable temporary housing until permanent repairs are completed.

To date, \$4,549,153 has been issued to 2,713 applicants. Officials noted that not all applicants receive Disaster Housing.

As of close of business June 11, 49 applicants from Madison County had been approved for \$154,024. In Monroe County, \$43,416 was approved for 23 applicants. More than \$3.3 million was approved for 3,457 applicants in St. Clair County.

The U.S. Small Business Administration (SBA) has approved \$723,400 and issued 2,000 applications for low-interest loans, including 1,920 for home and personal property and 378 for business

loans. Recovery officials urge everyone who received a loan application to complete and return the forms to avoid any delay in loan or other types of disaster assistance.

Loan representatives are available at two Disaster Recovery Centers to help applicants complete the loan applications. The deadline to apply for most types of disaster assistance is Friday, July 5.

Almost \$225,000 has been issued by the state-administered Individual and Family Grants (IFG) program.

Weekly benefits are available to those out of work as a result of the disaster, including self-employed persons, farm owners, and others not covered under unemployment insurance.

Thirteen central and southern Illinois counties are eligible for Individual Assistance: Cass, Douglas, Franklin, Gallatin, Jackson, Lawrence, Madison, Monroe, St. Clair, Sangamon, Wabash, White and Williamson. Illinois residents or business owners in a declared county may still apply for federal and state disaster assistance. They

can apply by calling the toll-free number, 1-800-462-9029 between 8 a.m. and 6 p.m. (CDT). Monday through Saturday, until further notice. For those with a speech or hearing impairment, the TDD number is 1-800-462-7585. Your phone call is your application.

Two Disaster Recovery Centers are also available to assist applicants. One is located at the Clyde Jordan Center, 6755 State St., East St. Louis, and the other is at the Marion Junior High School Cafeteria, 1615 West Main Street. Both centers are open from 8 a.m. to 6 p.m. (CDT), Monday through Saturday.

## •Partney

(Continued from Page 1A)

out of some financial difficulties," Partney said. In the early 1980s, Partney found himself to be an outsider on the school board — usually the lone dissenter in a series of 6-1 votes. But the policies Partney opposed put the district \$8 million in debt and saddled it with a \$1 million deficit budget. The district was forced to lay off 100 teachers and close six buildings, including a high school, before Partney took over as board president.

Partney has also run unsuccessfully for state representative, township assessor and county board.

Partney's younger brother, Dan, is a former 4th Ward Alderman and county board member. Dan Partney has twice run for mayor, losing both elections.

Dave Partney helps run the family business, Granite Sheet Metal Works. He graduated from Granite City High School and studied business management at Southern Illinois University at Edwardsville.

He is a past president of the Jaycees and Tri-Cities Chapter of the American Red Cross. He and his wife, Janet, live on Donald Court in the Partney Estates subdivision — another family venture.

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Let's start off with an explanation of exactly why plants need food in the first place. Fertilizers replenish nutrients removed from the soil as the plant grows. The nutrients needed in the greatest amounts, nitrogen, phosphorus and potash, are most commonly found in plant foods. Without food at critical times, plants starve. On top of that, they become more susceptible to disease and insect problems. Ever notice it seems that we seem to get sicker when we're tired, stressed or not eating properly? Plants aren't all that different.

As mentioned earlier, the main ingredients in fertilizers are nitrogen, phosphorus and potash. But the amounts of these can vary widely, depending on the product. Each fertilizer container tells you on the front, the exact percentage of each of these nutrients, and it's in the form of three numbers.

For example, let's look at Frank's Rose Food. Its numbers read 5-12-8. That means 5% nitrogen, 12% phosphorus and 8% potash. Incidentally, the numbers are always in that order, on every fertilizer product, regardless of brand name. An easy way to remember it is they're in alphabetical order.

It doesn't take a math scholar to figure out that those percentages don't add up to 100, so you may be wondering what else is in the fertilizer container. It's mostly a carrier that helps distribute the fertilizer more evenly.

Nitrogen (N) promotes leafy green growth that leads to a healthy lawn, beautiful shade tree or a thick, lush hedge. Phosphorus (P) stimulates root growth and promotes flowering and fruiting. This

is what you need when planting a new tree or in helping your annual and perennial flowers put on a dazzling display. Last is Potash (K), which contributes to cold hardness, heat tolerance and disease resistance. Many fall lawn fertilizers are high in potash to help prepare the grass plants for winter.

So if it's a rapid green-up of your lawn that you desire, you'll want to select a product high in nitrogen, which will have a higher first number. Frank's Lawn Fertilizer (28-4-8) would fall into that category.

If you're planting a new tree or want brilliant blooms on your bulbs, you'd want a fertilizer high in phosphorus. Frank's Bone Meal (4-12-0) is just what the doctor ordered.

You may notice several packages that contain three approximately equal numbers. These are excellent general purpose plant foods.

There's more. You will encounter the terms "fast release" and "slow release" when dealing with plant foods. Fast release means that the plant food is very easily dissolved in water and the nutrients are available to the plant almost immediately. Slow release fertilizers become available to the plant over a period of time. The benefits of slow release include feeding over a longer period with little chance of fertilizer burn.

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 See Your Retailer For Details  
 SIZE REG. PRICE PRICE AFTER REBATE  
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**SEE GOODYEAR FOR EVERYDAY LOW PRICES**  
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 GOODYEAR OUR LOWEST PRICED IMPORT RADIAL TireMetric  
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**AIR CONDITIONING MAINTENANCE \$59.95**  
 Includes:  
 • Performance system test  
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 No other discounts apply. Rebate at participating Goodyear retailer. Offer ends 6/30/96.  
**COMPUTERIZED ALIGNMENT \$34.95**  
 (6 month/60,000 mile warranty)  
 Includes: front wheel alignment, rear wheel alignment, thrust angle, wheel balance.  
 • Reference and torqueing, or adjustment of drive line, depending on alignment type.  
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 Price for wheel drive vehicle only. Quote for other vehicles at location.  
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**#1 IN TIRES**  
**GOODYEAR**

**•Golf•**  
 (Continued from Page 1A)

than to offer one big prize," said Barry Loman, event organizer. "This way, the kids get a shot at winning a few bucks."

There will be four divisions based on age and gender and the distance from the hole will vary in each division. Participants in Division A (13 years and younger) will shoot from 30 yards. Division B (14-18 years old) from 50 yards. Division C (open women) from 60 yards and Division D (open men) from 70 yards.

During preliminary competition from noon to 6 p.m. June 29-30, participants will be given five balls for a \$1 donation. There is no limit on the number of attempts a single person can take, and all entry fees will be donated to the Granite City Centennial Corp.

There will be 10 money winners in each division, based on results from the preliminary round. Prize money runs from \$5 for tenth place to \$40 for each of the four first place winners.

In addition to taking home



(Staff photo by JOHN FRESI)  
 Park workers and volunteers recently set up a green in Wilson Park to get ready for the Centennial Hole in One Contest. Pictured from are Parks Director Dave Polivick, Park Maintenance Supervisor John Null, Sara Signall, Doug Mills, Jane Signall, Tim Jackstadt, Tim Goskie, Nicci Wania, Centennial General Chairman Charles King, Amy Goskie, Cindy Gorka, with the iron, Hole in One Event Chairman Barry Loman, Ryan Ballew, Centennial Park Activities Chairman Dewey Melton and Kara Ballew.

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 Short or Long Sleeve Shirts  
 SIZES SMALL TO 4X  
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 SIZES 30 TO 54  
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## LOCAL NEWS

## Obituaries

## F. Sadrakula

Frances Sadrakula, 74, of Madison died at 11:33 a.m. Saturday, June 8, 1996, at St. Elizabeth Medical Center. She was born Aug. 21, 1921, in Madison, where she had been a lifelong resident.

A cook with Sts. Basil and Fuller in St. Louis for 44 years prior to her retirement in 1983, she was a member of St. Mary's Catholic Church in Madison.

Survivors include two brothers, Louis and Edward Sadrakula, both of Madison.

She was preceded in death by her parents, Karol Sadrakula, who died in 1968, and Josephine (Pencek) Sadrakula, who died in 1991.

Services were Tuesday at Irwin Chapel in Granite City with the Rev. James Keefner officiating. Burial was in Calvary Cemetery in Glen Carbon.

Memorials are requested for St. Mary's Catholic Church.

## Faye Lindsey

Faye (DuVal) Lindsey, 67, of DeSoto, Mo., formerly of Granite City, died at 11:05 p.m. Friday, June 7, 1996, at Hillcrest Care Center in DeSoto, following an 11-year illness.

Born Aug. 1, 1908, in Sturgis, Ky., she had been a resident of Granite City for 66 years.

A homemaker, she was a member of Gospel Assembly in St. Louis.

Survivors include three sons, Wilford L. Lindsey of DeSoto, William D. Lindsey of Silverton, Colo., and Calvin Pichler of Granite City; two sisters, Gertrude Tyler and Bonita Gibbs, both of Granite City; seven grandchildren; and eight great-grandchildren.

She was preceded in death by her husband, Leo Lindsey, who died in 1978; her parents, Gus and Cordelia (Brentley) DuVal; and two sisters, Bessie Layman and Dorothy Bledsoe.

Services were Tuesday at Irwin Chapel in Granite City with Brad Miller officiating. Burial was in Lake View Memorial Gardens in Fairview Heights.

## Gustava Rapps

Gustava "Gus" Rapps, 80, of Granite City, formerly of Madison, died at 5:34 p.m. Sunday, June 9, 1996, at St. Elizabeth Medical Center, following a one-year illness.

Born July 28, 1915, in Madison, he had been a lifelong resident of Madison and Granite City.

A welder in the hot strip at Granite City Steel Plant prior to his retirement in 1981, he was a former member of the Steel Workers Local.

Survivors include three sons, William Rapps of Fulton, Miss., Richard Rapps of Granite City and Neal Rapps of Tabbeta, Mo.; three

daughters, Elaine Estes of Tabbeta, Patricia Hood of Granite City and Linda Clayton of Glen Carbon; one sister, Julia Rapps of Florence, Mo.; 18 grandchildren; 13 great-grandchildren; and one great-great-grandchild.

He was preceded in death by his wife, Geraldine Rapps, who died May 1, 1995; his parents, Michael and Theresa (Bunick) Rapps; two sisters, Catherine Miller and Vera Kriks; and one granddaughter.

Services are at 10 a.m. today, Wednesday, at Thomas Memorial Mortuary, 2205 Pontoon Road in Granite City, with the Rev. Francis Tebananga officiating. Burial will be in Valley View Cemetery in Edwardsville.

Memorials are requested for the Shriners' Hospital for Crippled Children.

## Millard Martin

Millard O. Martin, 43, of Alton, Ill., formerly of Granite City, died at 8:30 a.m. Monday, June 10, 1996, at his residence after being ill for more than two years.

Born Nov. 8, 1952, in LaSalle, Ill., he had been a resident of Granite City for 35 years.

An Army veteran, he was of the Protestant faith.

Survivors include his wife, Nora (Poole) Martin; and one brother, William Burris of Pensacola, Fla.

He was preceded in death by his parents, Ralph Martin and Opal Gladys-grove Martin.

Services are at 10 a.m. today, Wednesday, at Warner Chapel for Funerals, 3539 Lake Drive in Pontoon Beach, with the Rev. Gus Falter officiating. Burial will be in Valley View Cemetery in Edwardsville.

## Sadie Millsap

Sadie M. (Harrington) Millsap, 86, of Granite City died at 6:35 a.m. Sunday, June 9, 1996, at St. Elizabeth Medical Center, following a two-year illness.

Born Aug. 31, 1909, in Goodpines, La., she had been a resident of Granite City for 59 years.

A homemaker, she was a member of Church of Christ in Granite City.

Survivors include three sons, Donald Gene Millsap, Richard Millsap and Danny Millsap, all of Granite City; two daughters, Judith Millsap and Patricia French, both of Granite City; one sister, Elizabeth Henderson of Doniphan, Mo.; 18 grandchildren; and 12 great-grandchildren.

She was preceded in death by her husband, John Millsap, who died in 1968; her parents, Sharon and Ole (Rogers) Harrington; one brother, Harold Harrington; and one sister, Hazel Harrington.

Services are at 1 p.m. today, Wednesday, at Irwin Chapel, 2980 Maryville Road in Granite City, with Lee Anshoff officiating. Burial will be in Sunset Hill Memorial Estates in Glen Carbon.

Memorials are requested for the American Cancer Society or Grace Baptist Church.

James W. "Bus" Grove, 92, of Granite City died at 3:40 p.m. Saturday, June 8, 1996, at St. Elizabeth Medical Center. He was born June 12, 1903, in Granite City.

Mr. Grove was a carpenter, a build-

## Barbara Jackson

Barbara J. (Boyce) Jackson, 61, of Madison died at 5:10 p.m. Sunday, June 9, 1996, at her residence, following a five-year illness.

Born March 5, 1945, in Belleville, she was a homemaker.

Mrs. Jackson was a member of Grace Baptist Church in Granite City.

Survivors include her husband, Tommy D. Jackson, whom she married July 9, 1966; four sons, Thomas W. and Terry D. Jackson, both of Granite City, and John L. and David L. Jackson, both of Madison; her stepmother, Mary Boycott of Belleville; one brother, Ivan G. Boycott Jr. of Virginia Beach, Va.; and two grandchildren.

She was preceded in death by her parents, Ivan G. Boycott Sr. and Virginia Marie (Cole) Boycott; and one sister, Patricia A. Cole Boycott.

Services are at 10 a.m. today, Wednesday, at Grace Baptist Church, 2600 Edwards St. in Granite City, with the Rev. John Gambin officiating. Burial will be in Lake View Memorial Gardens in Fairview Heights. Arrangements are being handled by Irwin Chapel in Granite City.

Memorials are requested for the American Cancer Society or Grace Baptist Church.

James W. "Bus" Grove, 92, of Granite City died at 3:40 p.m. Saturday, June 8, 1996, at St. Elizabeth Medical Center. He was born June 12, 1903, in Granite City.

Mr. Grove was a carpenter, a build-

ing inspector, a state tax investigator and a pattern maker at Common Wealth in Granite City.

Survivors include two sons, Thomas W. Grove of Collinsville and George C. Grove of Granite City; three daughters, Marjorie J. Reutemach and Dore Ann Stephens, both of Granite City, and Willie Mae "Pud" Mueller of Houston; one sister, Ellen Edwards of Granite City; 14 grandchildren; and 24 great-grandchildren.

He was preceded in death by his wife, Rheta W. Smith Grove, whom he married in March 1925, and who died June 8, 1996, at Rosewood Care Center in Edwardsville. He was born April 15, 1899, in Cherryville, Mo.

Services were Tuesday at Irwin Chapel in Granite City with the Rev. Allen Heller officiating. Burial was in Sunset Hill Memorial Estates in Glen Carbon. Memorials are requested for the American Heart Association.

John Wayne Moore Jr., 29, of St. Louis, formerly of Granite City, died at 3:11 p.m. Saturday, June 8, 1996, in Granite City. He was born in Peoria and had been a resident of Granite City since birth.

A shipping clerk with Missouri Bolt Co. for five years, he was a member of Holy Family Catholic Church in Granite City, the Granite City Eagles Lodge 1126 and the Wayside Tavern Pool League.

Survivors include his mother, Elizabeth L. Moore of Granite City, and one sister, Brenda Sue Moore of Granite City.

He was preceded in death by his father, John W. Moore Sr., who died in 1983.

Visitation is from 4 to 9 p.m. Friday at Davis Funeral Home, 21st Street

in Granite City.

Memorials are requested for St. James Lutheran Church.

Virgil James Bettorf, 97, of Edwardsville died at 11:15 p.m. Saturday, June 8, 1996, at Rosewood Care Center in Edwardsville. He was born April 15, 1899, in Cherryville, Mo.

A welder with Granite City Steel for 22 years prior to his retirement in 1967, he was a member of St. James Lutheran Church in Glen Carbon.

Survivors include four daughters, Bernice Thomas and Juanita Engel-land, both of Glen Carbon, Lois Radas of Maryville and Jean Butch of Granite City; one half brother, Harrison Bettorf of Brighton; one half sister, Frieda Simmons of Granite City; 19 grandchildren; and 28 great-grandchildren.

He was preceded in death by his wife, Esther Irene (Gibbs) Bettorf, whom he married Nov. 4, 1918, in Steeleville, Mo., and who died Jan. 22, 1988; two sons, David Rennick Bettorf and Edna L. Bettorf; his parents, William Ross Bettorf and Viney (Byrant) Bettorf; one brother, and two sisters.

Visitation is from 4 to 8 p.m. today, Wednesday, at Weber Funeral Home, 304 N. Main St. in Edwardsville, where services are at 11 a.m. Thursday with the Rev. Edward Wolfe officiating. Burial will be in Buck Road Cemetery in Collinsville.

Memorials are requested for St. James Lutheran Church.

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## Pet adoptions set

Madison County Humane Society is holding an Adopt A Pet Day on June 15, 12-4 p.m. at PetsMart in O'Fallon. Puppies, dogs, kittens and cats are available for adoption. The cost of adopting a dog is \$50 and includes a rabies shot, DILPP, collar, leash, i.d. tag and \$15 spay/neuter deposit.

## Drowning

(Continued from Page 1A)

Louis, was pronounced dead at the scene at 3:11 p.m., Dallas County Coroner Dallas Burke said.

"The autopsy showed the cause of death as drowning. At this point, we don't know how long he had been there," Burke said, adding that it could not have been more than a day.

Burke said a passer-by noticed Moore's 1980 Buick Skylark in six to seven feet of water in the drainage ditch and notified authorities.

An Illinois State trooper pulled Moore from the car, but Moore was already dead, Burke said. No other passengers were found, she said.

Moore, a shipping clerk with Missouri Bolt Co., had recently moved to St. Louis after living most of his life in Granite City, Burke said.

An obituary appears on page 6A.

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## 66 attend Legion, Auxiliary annual Mayfest at Quincy

The 2nd District American Legion and American Legion Auxiliary held its annual Mayfest at the Illinois Veterans Home in Quincy May 18. Twenty-six members from the district were present.

Carnival-type poker, dollar walk (like a cake walk), and bingo were enjoyed by 98 residents of the Home. Other residents were visited by several members and presented with gifts from the District.

Refreshments were served midway through the afternoon of the event.

Bags of clothing, jigsaw puzzles, and paperback books were given for their Clothing Room and the Activity Room. More than \$2,000 was used for refreshments and prizes for the residents. Alzheimer's residents were presented with small stuffed animals, as well as a monetary gift.

Those attending included:

— Cafokia 784 — DeLoyce Godat and Margaret Payne.

— Collinsville 305 — Kenny and Mary Lamoreaux, Minnie and Joe Arro, Teresa Grammer and S.A.L. member Jeremy Scown.

— East St. Louis 53 — Gerald Murphree and Mary (Mike) Murphree.

— Edwardsville 199 — James Mathena.

— Granite City 113 — Rose and Bill Moreland, Betty Hardin, Allen, Carroll Robie, Angela Laughlin, James Taylor and Harold Chandler.

— Wood River 204 — Pat and Curtis Blevins.

— Venice-Madison 307 — Dorothy Hinson, Pauline Mersinger, Yvonne and Louie Passig, and Junior Member Cathy Harland.

— Highland 439 — Gene Lindenfelder.

Co-chairs of this event were Virginia Egan of East St. Louis and Gene Lindenfelder of Highland 43. Rose Mary Browner of Quincy is the Field Service Director for the Illinois Veterans Home for the American Legion Auxiliary.

## Man twists, turns for youths' benefit

By Matt Mattingly  
Staff writer

For George Kohlenberger, driving his Mini-Indy "little car" in parades to help youths is a labor of love.

Kohlenberger, at age 69, has found a new career as director of the Moolah Shrine Gateway 500 unit. Retired from his own company, George & Sons Wrecker Service, Kohlenberger gladly sacrifices numerous evenings and weekends year-round for parades, school picnics or any function on behalf of children.

From the Mardi Gras parade in St. Louis to the annual Thanksgiving parade in downtown St. Louis, Kohlenberger and other members of the Moolah Shrine Gateway 500 participate in 60 to 65 parades annually. In fact, requests for their appearances have become so numerous that they have had to cut back a bit on their commitments.

"We really get around anything that's involved with kids, we're right there," said Kohlenberger, who lives in

north St. Louis. "We can't even cover all the requests. There were times we had five or six parades on a weekend."

Kohlenberger built and raced stock cars for 15 years in the late 1940s and 1950s, but his love for racing cars took a back seat for many years to his heavy-duty wrecking and towing service.

In 1979, he gathered a group of like-minded people to build their own little cars and perform with them in parades and at other functions for children. But when Kohlenberger bought his first little car in 1983, it became the driving force in his life.

"It's kind of a change of pace a little," he said. "When we're on these parade routes, we stop and talk to the little kids. They always want us to 'give them five.'"

"To me, it's rewarding. Otherwise, I wouldn't be doing it."

The Mini-Indys not only consume much of Kohlenberger's time, but they also take a big bite out of his wallet.

Kohlenberger recently finished putting one together with no outside help — at a cost of \$2,600. Labor costs easily can add \$1,000 or more to the total, he said.

"They're pretty expensive to keep up with," he said. "Most all of our little cars are customized. It isn't just a plain-Jane paint job. They look nice."

Keeping the cars nice-looking is another matter. With the figure-eight and other tight maneuvers the little cars execute, "we do hit each other sometimes, and they do get beat up," Kohlenberger said.

Breakdowns are frequent, particularly due to fuel-line problems. All of the little cars have 110-horsepower Tecumseh engines, are only 2 to 3 inches off the ground, and have top speeds of 67 miles per hour — but no parades, Kohlenberger said.

Drivers must tinker with the engines "all the time,"

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(Photo by ROCKY FRESSE)  
George Kohlenberger, director of the Moolah Shrine Gateway 500 unit, stands next to his Mini-Indy "little car," which he drives in parades.

(because) the engines are abused so much in our little cars," he said. "They run hard. One time, it will run like a top; the next time, you'll have problems."

"But we're always there for each other, if anybody has any problems. The only way we can make a lot of teamwork."

Not counting maintenance costs, parade expenses such as gas, food and transportation can run \$2,500 a year. Three cost \$35 each for the front and \$45 each for the rear.

"There's a lot of wear and tear on them," Kohlenberger said. "Everything we do is at our expense. The Moolah Shrine doesn't reimburse us."

He believes it is worth the cost because of the visibility their appearances give to Shriners Hospital for Crippled Children and the donations their sponsors give to that facility.

The Shriners sponsor children with "any kind of bone problem" and other medical conditions, and help them get into the hospital, Kohlenberger said.

"That's our prime objective — for the kids," he said. Kohlenberger and his Moolah Shrine Gateway 500 unit formerly belonged to the North County Shriners Club, but in December 1995, were issued a charter as a separate unit. The

unit has grown from 12 to 33 members, with 12 little cars appearing in parades — as well as a Corvette pace car, a small ambulance and a small tow truck Kohlenberger built in 1985.

"The big thing is to get out and get active," he said. "I'm the oldest active member driving. We can't seem to get any young blood."

The unit has even older members, but they do not drive the little cars, Kohlenberger said. He is trying to recruit younger members who might be interested in getting a Mini-Indy.

"Sometimes, you wonder if it's worth it or not," he said. "I tell anybody who has any doubts, 'Just go to Shriners Hospital and look at those little kids.'"

Performing in parades, at school picnics and at the annual Moolah Shrine Circus might take its toll on Kohlenberger's home life, but he still enjoys it.

"You have to love it, or you wouldn't do it," he said. "I'll probably keep doing it as long as I can."

The 54th annual Moolah Shrine Circus, a fund-raiser for Shriners Hospital, will be June 27-30 at the Kiel Center. There are 7:30 p.m. performances June 27, 28 and 29, with matinee performances at 3:30 p.m. June 29 and 1 and 5 p.m. June 30.

Reserved tickets are \$18, \$14 and \$12, and may be purchased at the Kiel Center box office, 14th Street and Clark Avenue, or at the Moolah Shrine office at 12545 Fee Fee Road. Tickets can be purchased from any Shriner for \$7.50.

Tickets also are available at all Ticketix Now locations or by calling Dialtix at 291-7600.

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**St. Elizabeth's**  
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Programs

■ **KNEE PROGRAM** - Tuesday, June 18, 7 p.m. - A free community program on knee problems will be held in the Centennial Room. The program will be presented by Orthopedic Surgeon Thomas Meirink, M.D., Orthopedic Surgeon and Sports Medicine Specialist Lawrence Steh, M.D. and Licensed Physical Therapist Michelle Geggelman, LPT. To register, call extension 1575.

■ **FACIAL AND ORAL DISORDERS PROGRAM** - Thursday, June 27, 7 p.m. A free community program on facial and oral disorders will be presented by Mark E. Beehner, DDS, MD and Michael R. Hesterberg, DMD. To register, call extension 1575.

■ **HEALTHY HEART SCREENING**, Friday, July 12, 10 a.m., by appointment only. Cholesterol, Diabetes and Blood Pressure - \$8. Call O'Fallon, 632-4875, to register. Sponsored by St. Elizabeth's Hospital Wellness Programs and Belleville Area College Programs and Services for Older Persons.

For most programs call 234-2120 and the extensions shown above.

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## NEWS



**Factual** — Marshall School teacher Dot Bailey leads her fourth-grade class down the frozen-foods aisle at Schnucks to check out the nutritional facts on one of their favorite treats, ice cream. Some of the students were surprised to see just how much fat and many calories a serving of ice cream had compared to other items on their list. At right, Shari Skaggs, left, and Jamie Cagle look over a work sheet of questions concerning nutrition prepared for them by Bailey. Their class made a visit to the Granite City Schnucks to look for the answers to the questions by comparing the information on the labels of different items.



(Staff photos by JOHN FRESE)

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## Pins support Fair Saint Louis

Sports heroes Stan Musial, Cardinals Hall-of-Famer, and D'Marco Farr, Rams defensive lineman, are teaming up as honorary chairmen of the second annual Fair Saint Louis Patriot Pin program.

These hometown stars are featured in advertisements encouraging St. Louisans to show their civic pride by purchasing Patriot Pins and supporting the city's biggest civic event, Fair Saint Louis. The fair is July 4, 6 and 7 on the Gateway Arch grounds.

Patriot Pin sales will run through July 7. For a dollar, Fair supporters will receive a limited edition 1996 Fair Saint Louis Patriot Pin. Pin purchasers also will receive coupons worth up to \$8 on various products and an opportunity to win several grand prizes. This year's prizes include a Saturn SL1 automobile, a cruise to

the Bahamas for four, an airline trip for two to Paris, a family vacation to Sea World and Busch Gardens, a \$500 supermarket shopping spree, a year's supply of gasoline, a stereo, projection TV and a cellular phone.

Designed by Southwestern Bell Graphics, the pin design incorporates a bald eagle and the stars and stripes of the American flag.

Patriot Pins can be purchased at 160 local Amoco Service Stations, at more than 70 Schnucks Supermarkets and seven St. Louis-area Best Buy stores. No purchase is necessary for the drawing. Prize entry forms may be picked up at the Fair Saint Louis office, 536 Maryville Centre, Suite LL10, St. Louis, 63141. Entry forms also may be obtained by sending a written request along with a self-addressed, stamped envelope to the Fair office.

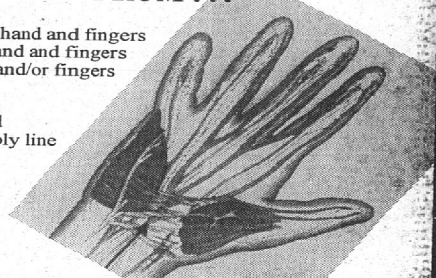
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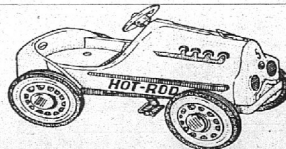


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With Any Purchase At Jan's Hallmark Thru June 16, 1996. Receive A Certificate For A FREE Round Of Golf When You Buy 3 — (See Certificate For Details)

## Start a Kiddie Car Classics Collection for Dad!

The popularity of these scale-model reproductions of children's pedal cars keeps on growing. Three new cars have arrived — just in time for Father's Day! Be sure to see the coordinating card and gift bag set. Plus, get a free frameable print with the purchase of any of our Kiddie Car Classics collectibles!



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Columbia: 354-8888  
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Granite City: 651-1767  
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## LOCAL NEWS

Granite City Journal-June 12, 1996-Page 9A

### WINTER HOURS

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## Senior menus

Donations for noon meals are \$2. Call day ahead for reservation, 877-4373.

Wednesday, June 12  
Barbecued beef, baked potato, three-bean salad, bun, pineapple tidbits.

Thursday, June 13  
Spaghetti with meat sauce, garden salad, Italian green beans, wheat bread, apple sauce.

Friday, June 14  
Fried fish fillet, potato salad, zucchini and tomatoes, wheat bread, lemon pudding.

Monday, June 17  
Polish sausage, whipped potatoes, gravy, sauerkraut, rye bread, sliced apples.

Tuesday, June 18  
Ham and beans, cole slaw, corn bread, fruit cocktail.

## Blood drive set

With summer just around the corner, the demand for blood becomes even more critical. An hour of your time may save someone's life.

Please donate your blood from 11 a.m. to 4 p.m. Thursday, June 13, in Pascall Hall at St. Elizabeth's Medical Center, 2100 Madison Ave. in Granite City. The blood drive is sponsored by the American Red Cross.

There will be lots of prizes and special T-shirts given away. Bring your identification to the drive. Donors must be at least 17 years old, in good health and weigh more than 110 pounds.

For more information, call 780-3128.

## Planners sought

The Drug Free By 2000 Committee held has begun preparations for the "Family Festival," to be held Sept. 14.

A meeting to plan the "Family Festival" activities will be held at 6:30 p.m. Thursday, June 20, at the Elks Lodge, 4801 Maryville Road in Granite City. Anyone interested in helping with the festival is invited. Call 931-0447 for more information.

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Watermelon	Apple Pie	Fried Crab Stick	Fresh Salad &	Sweet & Sour Chicken
Oranges	Chinese Cake	Sautéed Spring Beans	Pasta Bar	Pork & Scallions
Pears	Hot Wings	Broccoli & Cheese	Chicken Cashew	Sweet & Sour Pork
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Two Fee Road or ask any Shrine. Service charge may apply. Also call (314)-622-5420 for more information, group sales  
call (314)-622-5454 and for disabled access information at Kiel call (314)-622-5420.  
RESERVED SEATS are \$10/\$14/\$12. GENERAL ADMISSION tickets are \$7/\$5 and limited to available seating in  
section 300 on a first come, first serve basis. Children \$2.50 off reserve seat price for Saturday at 3:30 p.m., Sunday at  
1:00 p.m. and 5:00 p.m. Opening night is Y98 Channel 4/Schnucks Family Night. \$3 off reserved seats with coupon  
from Schnucks. Proceeds are for the benefit of Shriners Hospitals for crippled children.

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Suite 110, St. Louis, MO 63141) or by sending a self-addressed, stamped envelope to the Fair office.



## ENTERTAINMENT

## Horoscope

**Wednesday, June 12**  
The luminary shift into peaceful Taurus focuses attention on the final steps needed to finish projects. A new era is beginning, and the time is prime for wrapping up those loose ends. What you see is what you get in love now, but don't mistake a lack of commitment for a lack of honest and powerful feelings. Money goes to salespeople.

**ARIES (March 21-April 19).** Fairness pays off. Keep everything above board. Let others instigate actions. In love, don't respond to accusations. Vacationing or absent co-workers give you a chance to show your versatility.

**TAURUS (April 20-May 20).** A job comes from out-of-the-blue suggestions. Family reconciliations are favored. A tempting offer is too good to be true. Teenagers get good news about college.

**GEMINI (May 21-June 21).** In business, someone is overspending or wasting your funds. You've been sidetracked from a goal long enough. Set a good example for children. Landlords change rules for you. An Aquarius friend is a love connection.

**CANCER (June 22-July 22).** Your income is augmented through work done at home. Overlook a minor mistake made by a potential partner. A last-minute loan arrives. Keep records of expenses — you will be reimbursed.

**LEO (July 23-Aug. 22).** Expect new job security. You succeed when you stop blaming and relying on close associates who are no longer as motivated as you. Money owed to you for work done in the past comes via mail. A

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Libra is utterly persuasive.

**TODAY'S BIRTHDAY (June 12).** Express yourself uniquely and you are able to jump into the major league in a creative field. In July, a shift in your career goals is necessary to progress. Look for new love with a Virgo or Taurus before August. An investment brings bonanzas this fall. Your marriage improves when you move before October. Artists and writers succeed in business.

**VIRGO (Aug. 23-Sept. 22).** Old employers need you. A setback is not what it seems. Your words backfire — be extra prudent now. Forget partnerships, and concentrate on doing things alone. Independence improves all relationships.

**LIBRA (Sept. 23-Oct. 23).** Make the most of romantic luck with a former business colleague. Someone around you is stalling for time. Make take-it-or-leave-it offers. Married couples should avoid in-laws — it's a day of meddling, and tolerance is low.

**SCORPIO (Oct. 24-Nov. 21).** Branch out into new social groups — you are in an emotional trap. Repair

equipment now — don't wait. Separations end. Choosing sides in an argument between pals will only cause you to lose both friendships.

**SAGITTARIUS (Nov. 22-Dec. 21).** Marvelous financial luck is attached to projects you create very quickly. Couples need time alone. Travel is necessary for business success. A creative opportunity is handed to you.

**CAPRICORN (Dec. 22-Jan. 19).** Negotiating for more autonomy increases your success. Competitors try to steal your ideas. Teens get jobs. Love requires little time if your attentions are specific and sincere. A Place knows your future.

**AQUARIUS (Jan. 20-Feb. 18).** Success takes long, hard hours. Explain this to your family. Buy a new car. Mask your fears as confidence is essential for getting your plans approved. Be discrete about your love life. Avoid innuendo.

**PISCES (Feb. 19-March 20).** Your basic instinct to pull away from an aggressive pursuer is absolutely correct. Your best ideas come in transit. Your salary is less than you need — talk to superiors. An evening of intimacy follows a generous gift.

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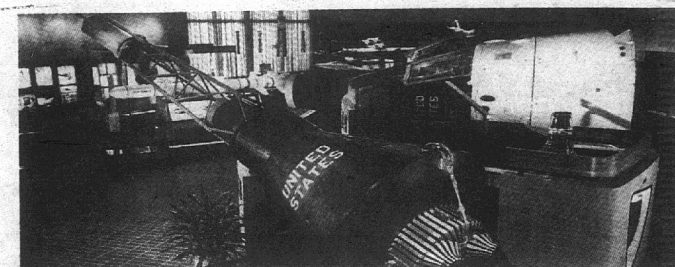
## Holy Family holds annual spring musical



Holy Family students performing in the spring musical.

Holy Family School held its annual spring musical, performed by students in grades kindergarten through eight. The theme of the program centered around an eighth-grade graduation dance. Music from the 1950s, 1960s and 1970s was performed by the students.

Sharon Voss directed the music and Marge Pennell, Tony Mell, Katie Ronk, Brittany Kull, Andrea Vasquez and Monica Ozanich choreographed the show. Cathy Webb wrote the original script, which was performed by the Holy Family award-winning speech team. LaTocha Booker played a flute solo and Aaron Holt performed a piano solo.



## Aerospace Exhibit open to public

Visit the world of air and space this summer by browsing through the McDonnell Douglas Prologue Room. The exhibit displays the company's achievements in aerospace technology since 1920.

Located in the world headquarters building at McDonnell Boulevard and Airport Road, the Prologue Room is open 9 a.m. to 4 p.m. Tuesday through Saturday, June through August. Admission is free.

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Wednesday

Granite City Journal

# Sports

June 12, 1996—Page 1B



**Shooters boys U-9 is Team of the Week.**  
Page 3B



**East Lancers end outstanding season.**  
Page 2B



**Art Voellinger**

## Big numbers common among prep standouts

Often, I tell young writers to avoid the word "big." It's too general and too often used by folks like Mike Shannon, who likes to inform a baseball listener of a "big" game to be watched by a "big" crowd. However, "big" has its place to an extent regarding some of the individuals involved in postseason high school contests of recent note.

First, how about Nicole Bohnenstiehl of Lebanon High, who struck out 30 batters in a 1-0, 19-inning loss to Herscher in the first round of the Class A state softball tournament? Realize that the state record of 20 in a state tournament was set in 1987 by 10 less than Nicole's number, and you appreciate her 844-pitch effort even more. Will Nicole follow with more "big" achievements? Count on it. She and her catcher, Keri Shake, are sophomores on a team that had just one senior starter—second baseman Julie Atkins.

Prior to the season, veteran coach Hank Feldt said 20 victories was a goal. The Greyhounds finished at 20-8, but you can bet bigger numbers are ahead.

When Belleville East's baseball team advanced to the Class AA sectional in Centralia, the Lancers featured what I considered the biggest pitching staff in Southwestern Illinois history.

The trio of East starters—seniors Jim Pecoraro and Nathan Hodel and junior Brandon Musso—each are over the 225-pound mark and right on 6-foot-3 in height. It was no coincidence then that the Lancers' pitchers were well over a

strikeout-per-inning pace. Size, though, was just one aspect of this right-handed trio, whose defense helped East to an outstanding 1.44 earned run average entering the sectional. Big numbers? Try these: Pecoraro, 7-1, 7 1/2 innings, 87 strikeouts, 37 hits, 10 base on balls, 0.88 ERA; Hodel, 5-5, 60 1/2 innings, 74 strikeouts, 37 hits, 33 walks, 1.04 ERA; and Musso, 4-1, 42 1/2 innings, 57 strikeouts, 33 hits, 18 walks, 1.31 ERA.

Size also was a matter related to the recent state discus title won by Tom Barrett, who became O'Fallon High's first individual boys state champion.

With a loss of 185 feet, 8 inches, Barrett easily was the class of the Class AA competition and "big" applies to him in many ways.

In the sectional, Barrett was slowed by a pulled groin that allowed him to throw the discus only 166-3. That qualified for state, but it was far behind the 184-7 of Victor Chuckwudebe of Springfield Lanphier and six others ahead of the O'Fallon senior.

"It was the best discus field ever at state," said O'Fallon coach Ron Koch, who noted that Barrett also was the smallest of the finalists.

(See ART, Page 3A)

## Rain or no, Triplets baseball plays on

By Rob Raphael  
Staff writer

Although Post 113's games were rained out on Sunday, there will still be plenty more to play.

Tri-City still has 30 games scheduled to play during the next six weeks or so. That's a whole lot of baseball in a short time, and gives the players a taste of what life will be like at the next levels.

Included on that schedule are tournaments in Danville,



(Staff photo by JOHN FRESE)  
Pitcher Billy Niepert is a Triplet strength.

Ill. and Highland, so the number of games could even be more.

"I told them that they will get to see what college is like," said Triplets manager Doug Winfield. "There you play just about every day, and there isn't much time for practice in between games. It takes a lot more mental toughness, in order to get ready to play every night. You find out just how much you want to play."

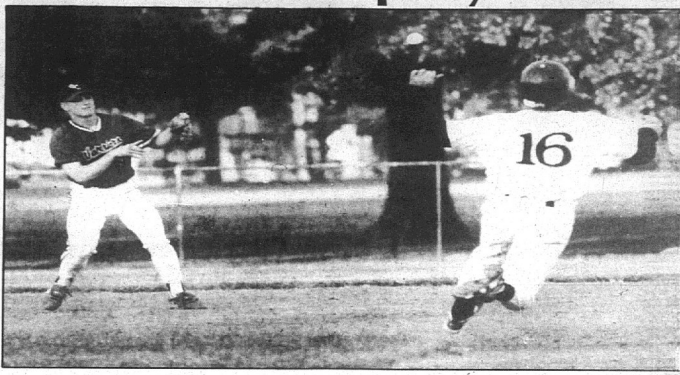
Playing in the District 22 North Division, one had better be ready. Winfield said he's confident that this group can be as tough as any team in the league.

"We're a little young, but I think we will be competitive," he said. "We just have two seniors from high school, and we do have one older player coming back, but none returning from college. We've been unlucky in that regard over the last few years."

To be eligible for American Legion games, players cannot turn 19 years old before Aug. 1 of the current league year.

The only non-high school player available to fit that bill is Shain Kuehn, and he'll

(See TRIPLETS, Page 4B)



(Staff photo by JOHN FRESE)

Kyle Briggs makes a throw to second over a Triad runner.

## Clippers sweep Fairview, boost perfect record to 9-0

By Rob Raphael  
Staff writer

Ho-hum. Just another weekend sweep for the Granite City Clippers, and another perfect record so far this summer.

Granite City (9-0) defeated Fairview Heights last Saturday by scores of 5-1 and 14-1. The only blemish on the Clippers' record this year is a rainout of the second game of the Belleville doubleheader on May 27.

Granite City hasn't lost since the final game of the regular season last year, a 5-4, controversial decision to East Alton. Over the past two seasons, the Clippers are 41-4.

Some of the faces change,

but the results stay the same. Last Saturday, Darin Hendrickson (4-0) pitched a five-hitter in the Clippers' 5-1 win. Hendrickson has allowed just two earned runs in 28 innings so far this year.

"He's very good at what he does," said Clippers manager Daren DePew of Hendrickson. "He pitches every weekend, and he wants to go a complete game every time out and pitch as much as he can. We've talked to people who have seen the (Mon-Clair) League since its beginning, and everyone agrees that Darin is one of the best to ever pitch in the league."

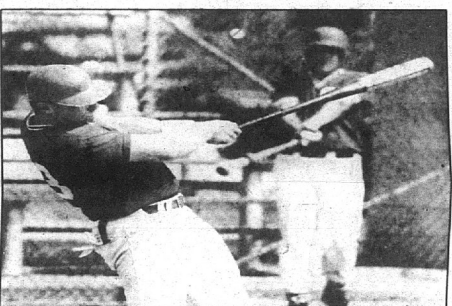
Two younger faces were a big part of the second-game

win Saturday. Mark Winfield (2-0) pitched "as well as I've seen him throw," according to DePew, who is quite familiar with Winfield's pitches. Winfield gave up four hits in seven innings, striking out six and walking just one.

"He had a no-hitter going into the fifth inning, and he threw like that before against Belleville, when he was perfect after three," said DePew. "He's even got a little velocity on his pitches now."

And rookie Jason Wood is simply tearing up the league. Wood continues to swing a hot bat for the Clippers, and on Saturday he went 3-for-4 in

(See CLIPPERS, Page 4B)



Granite City Clippers' player/manager Daren DePew.

## GCHS hoping to replace senior-dominated lineup

By Rob Raphael  
Staff writer

Editor's note: Due to a composing error, parts of this article were left out of Sunday's Journal. The Granite City tennis player was also identified incorrectly with the picture that ran with the article. Here is the complete article.

The Granite City boys tennis program said goodbye to a fine group of seniors recently, and now looks to what should be an interesting future.

Head coach Allen Lobdell said he is still disturbed about what happened to his senior, and "the best tennis player I've ever coached," Joe Markel, at the state tournament.

Suffice it to say, Markel was given a bad ride at state. Markel, a returning state qualifier

and one of the area's top players, was not seeded for the state tournament May 24-25 by the Illinois High School Association.

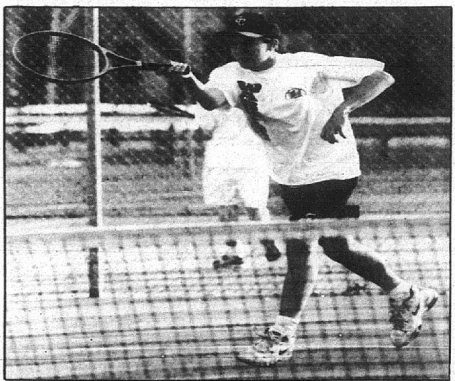
"I just hated to see something like that in Joe's senior year," Lobdell said. "I know he was hoping to place."

Markel leads a strong group of seniors who graduate from the program, including No. 2 singles player Buddy Frazma. That means Lobdell loses his No. 1 and No. 2 singles players, and his best doubles team.

Other seniors who have contributed to the program

(See GCHS, Page 4B)

GCHS tennis player Steve Graham comes to the net during a doubles match this season.



## Official PSG countdown has begun

By Scott Marion  
Staff writer

The official countdown to the 1996 Prairie State Games has begun.

Officials of the 13th annual Olympic-style statewide sports festival held a news conference May 13 at PSG headquarters in Fairview Heights. This year's games will be held June 28-30 at various sites in the Metro East.

"The games began in 1984 as part of the Governor's Council on Health and Physical Fitness," said Mike Moore, who serves as PSG co-director along with his wife, Maureen. "For the first 10 years we were in Champaign-Urbana and we were heavily state-funded. When the funding was

(See PSG, Page 2B)

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# 1-0 loss in quarterfinals ends outstanding Lancer season

By Scott Marlon  
Staff writer

The Belleville East baseball team got into the record book at the Class AA state tournament, but not in the way coach Dennis Schutzenhofer envisioned.

In the shortest game in tournament history — one hour, 19 minutes — the Lancers lost 1-0 to Waubesa Valley in the quarterfinals at Elftstrom Stadium in Geneva, East finished the season at 24-10; Waubesa Valley beat Lyons Township 4-2 in the semifinals and lost 7-5 to Chatham Glenwood in the championship game.

East was the final Metro East team still alive in the high school postseason.

It was the first state appearance for the Lancers since 1967 and the seventh in school history. It was the first as a head coach for Schutzenhofer, who took over for Larry Patton in 1994.

"We felt we had a really good draw," said Schutzenhofer, who went to state as a Belleville West assistant coach in 1984, 1992 and 1993. "We were playing a team we felt was our equal, not some Chicago powerhouse."

Their pitcher (Waubesa Valley's David Matzdorf) was

"We felt we had a really good draw. We were playing a team we felt was our equal, not some Chicago powerhouse."

— Dennis Schutzenhofer

not overpowering. He had only three strikes, but we kept hitting line drives at people. Their shortstop and second baseman made all the plays. We had only two baserunners and two scoring opportunities all day."

Matzdorf and East senior Jim Pecoraro allowed only two hits apiece, but Waubesa Valley scored a run in the bottom of the sixth without a hit. Pecoraro struck out the first batter, but walked Sean Brohier, who stole second base. Jon Miller was hit by a pitch, putting runners at first and second.

The next batter, Robert Brock, hit what appeared to be a routine fly ball to right fielder Tom Luge. But Luge, perhaps anticipating Brohier attempting to move to third — took his eye off the ball for a split second and it beating off his glove. Brohier came around to score the game's only run.

"I don't want to put any attention on Tom dropping the fly ball because this was a team loss," Schutzenhofer said. "We couldn't get a hit when we needed to."

"Jim Pecoraro was baffling people all day. He had nine strikeouts and was definitely the best of the two pitchers. There were a lot of scouts and college coaches up there and he was getting a lot of accolades in the press room. Everybody recognized that it was a great performance by him."

The game, originally scheduled for 11 a.m., was delayed more than two hours by rain and was played in a light mist. "It was hit and miss all morning," Schutzenhofer said. "There were communication problems about when we were going to play and where we were going to take batting practice. That's no excuse because the conditions were the same for

(See LANCERS, Page 4B)



Belleville East Coach Dennis Schutzenhofer.

## •PSG

(Continued from Page 1B)

eliminated, we sent bids out. "We spent one year in Peoria and this will be our second year in Southwestern Illinois. We're in the middle of a three-year contract with the city of Fairview Heights, which has the first right of refusal for additional years."

"We'll have 23 sports and over 6,000 athletes," Maureen Moore said. "That equates to \$2.4 million (in regional economic impact) over a three-day period. Last year the games brought in \$1.3 to \$1.4 million with 5,300 athletes."

While Fairview Heights serves as the host city and headquarters, the primary venues for competition are Southern Illinois University at Edwardsville and Belleville Area College.

"An event of this magnitude is a lot easier to administrate from the home office," said Mike Moore, who noted that he and his wife used to commute from their Belleville home to the old PSG office in Springfield. "Maureen and I grew up in this community and we have a lot of business contacts. We have a lot of community sponsors who subsidize the games in addition to our national sponsors."

PSG competition divides the state into eight regions. Elite sports (which have tryouts at regional sites) are basketball, soccer, tennis and volleyball. Team sports are baseball, seven-on-seven football, ice hockey. Hoops Fest and Soccer Fest. Individual sports include archery, bowling, diving, fencing, figure skating, golf, gymnastics, judo, karate, shooting, swimming, table tennis, track and field, tumbling, water polo, weightlifting and wrestling.

"We're bringing figure skating back and hockey is new," Mike Moore said. "They'll be at the East Alton ice rink, which is a first-class facility. We had to limit the number of hockey teams because of the available ice time."

"Last year, the support we got locally from volunteers and the community was a surprise. Coming on the heels of the '94 Olympic Festival, which was so successful, people were hungry for another event."

One change for this year involves basketball, as SIUE's Vandalbabe Center will be set up to allow two games to be played at once. All basketball finals will be at SIUE. Opening ceremonies will be at 6 p.m. on June 28 at SIUE's Track & Field and Soccer Stadium. Call the PSG office at 632-1002.

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## Sports shorts

**Bruce at Belle-Clair**  
St. Louis Rams wide receiver Isaac Bruce will be available to talk football and autographs from 6-7:30 p.m. Friday at Belle-Clair Speedway in Belleville. Bruce's appearance will be in addition to the regular Friday night auto racing card at the speedway. For more information, call 235-0666.

**PSG still taking entries**  
The 13th annual 13th Prairie State Games are still accepting entries for the individual sports at the finals competition, June 28-30 in southwestern Illinois.

There are 15 individual sports offered at the finals for various ages and abilities. The sports are archery, bowling, diving, fencing, figure skating, gymnastics, judo, karate, shooting, swimming, table tennis, track and field, tumbling/trampoline/double-mini, weightlifting and wrestling. To be eligible to compete, you must be an Illinois resident, attending an Illinois school or be stationed at a military base in Illinois. The statewide competition is Illinois' largest amateur sports festival. The cost to enter most sports is \$15, which includes a souvenir T-shirt and a chance to win medals. The entry fee

for figure skating is \$50. There is an additional charge of \$7 for the second event and \$6 for the third event in the tumbling/trampoline/double-mini competition. A lineage fee of \$5 will be additionally charged for bowling.

In addition to competing, the athletes will be able to participate in opening ceremonies at 8 p.m. on Friday, June 28 at the Track & Field and Soccer Stadium at Southern Illinois University at Edwardsville.

To receive an application or for more information, call the PSG office at 632-1002. Applications also will be taken over the phone with either a Visa and Mastercard credit card.

**Host families needed**  
The International Athletic Foundation is looking for 15 families to host athletes from Belgium for the International Sports Festival, to be held July 8-22 in the Fairview Heights-Belleview area.

Teams are the Beringer Basketball Club (boys ages 14-15), the Hasselt Basketball Club (boys ages 16-17) and the Dames Basketball Club (girls ages 16-17). Host families will each house two athletes and provide a few

meals. Coaches of the teams will stay at local hotels at their expense and supply van transportation. For more information, call Kevin Whitworth at 397-9361.

**Jennings earns letter**  
Sean Jennings, a sophomore from O'Fallon, was awarded a varsity letter for his contributions to the 1996 men's tennis team at Knox College in Galesburg.

Jennings, a team captain and the No. 1 singles and doubles player for the Prairie Fire, finished the year with a combined 20-17 record. He also won the Aurora Invitational doubles championship with partner Charles Kuper.

"Sean is one of our finest young players," said Knox tennis coach Larry Davis. "His work ethic and attitude are as good as they come. Sean has also been a leader for the past two years and I know he will be in the future."

Jennings is the son of Mr. and Mrs. David Jennings of O'Fallon. The 1996 Knox men's tennis team finished off its season with a record of 14-5 overall and had only one loss in Midwest Conference action.

**Lebanon golf benefit**  
The Lebanon School District 9 Education Foundation is sponsoring a charity golf tournament, the Firecracker Final, on Saturday, July 6 at Locust Hills Golf Course in Lebanon. All proceeds benefit District 9 schools. There will be individual play and Callaway scoring. The cost is \$35 per player; a cart fee is extra. Tee times begin at 10 a.m.

Checks should be made payable to District #9 Education Foundation, c/o Lebanon CUSD #9, 200 W. Schuetz St., Lebanon, IL, 62254. For more information, call Del Harris at 537-2978.

**BAC players earn awards**  
Four Belleville Area College baseball players have earned postseason awards. Sophomore pitcher-first baseman Dean Brueggemann and sophomore shortstop Brandon Jackson made the Division I All-Region 24 team. Jackson, sophomore pitcher Chris Hargan and freshman pitcher Brian Matzenbacher earned spots on the All-Great Rivers Athletic Conference squad while Brueggemann was named the conference's most valuable player.

Brueggemann, a Freeburg High graduate who has signed a letter of intent to play next season at the University of Illinois, was one of two aces on a BAC squad that won a school record 48 games. The left-hander was 12-3 with one save, a

(See SHORTS, Page 3B)

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## Cardinals Team of the Week

(Continued from Page 28)



The Southwest Select Shooters boys U-9 soccer team ended its spring indoor season undefeated and recently finished second in its age division in the Collinsville Classic. Team members are (front row from left) Brant Burgess, Thomas Irvin, Matt Bone, Brian Dunbar and Daniel Paoli; and (standing) Chris Carpenter, Thomas Kalla, Robert Jackson, Myles Hensler, Chris Metcalf, Nick Giacomello, Brock Anderson, John Canull, Troy Krimminger and Kyle Bowen. The team is pictured with coach Mark Burgess.

## Shorts

(Continued from Page 28)

2.26 ERA and eight complete games. He recorded a team-high 111 strikeouts while walking only 23 in 94 1/3 innings. Brueggemann was also an offensive standout and led the Dutchmen in batting average (.395), home runs (10) and RBIs (90).

Brueggemann was recently selected by the Colorado Rockies in the sixth round of the major league draft. In 1995, he was a 35th-round selection of the St. Louis Cardinals.

Jackson, from House Springs, Mo., started all 57 games at shortstop, committing only nine errors. He also was solid with the bat, posting a .356 average with one home run and 30 RBIs.

Hargan, from Marissa, was the other anchor of the BAC pitching corps, with a 12-3 record, a 2.38 ERA and nine complete games. In 94 innings, the right-hander struck out 61 and walked 31. Hargan will play for Northwestern University next season.

Matzenbacher, also from Marissa, was the third starter for coach Neil Fiala. He was 10-2 with two saves, a 1.99 ERA and five complete games. The right-hander fanned 56 and walked 14 in 74 innings.

Ambush soccer camp Area youngsters can kick

with the pros as the Ambush Soccer Camp comes to Cahokia from 9:11:30 a.m. Aug. 12-16 at Holy Family Catholic Church.

Members of the St. Louis Ambush — led by camp directors Darryl Doran, Kevin Hundelt and Mark Moser — will provide hands-on professional soccer instruction to campers. For \$70, all campers will receive a camp T-shirt, camp soccer ball, tickets to Ambush games next season and a special gift bag. In addition, six-time NPSL Goalkeeper of the Year Jamie Swanner will conduct a goalkeeping clinic for an additional \$25, one hour before the camp each day. For more information, call (314) 962-4625.

PSG events at BAC For the second consecutive year, Belleville Area College will host competition in three sports during the Prairie State Games, which will be held June 28-30 at several area venues. BAC will host baseball, basketball and weightlifting at its Belleville campus, 2500 Carlyle Ave.

The action begins June 28, with elite basketball scheduled from 10 a.m. to 6 p.m. in both the varsity and intramural gymnasiums. The competition continues from 8 a.m. to 11 p.m. on June 29 in both gyms and ends June 30, from 8 a.m. to 4:30 p.m., in the varsity

gym. Also on June 30, Hoopfest will be held from 8 a.m. to 5 p.m. in the intramural gym.

The baseball competition will be held June 29-30. On June 29, there will be games at 9 a.m., 11 a.m., 2 p.m. and 4 p.m. Two games, at 9 a.m. and 11 a.m. will be played June 30.

The weightlifting competition will be held from 8 a.m. to 5 p.m. June 29 in the theater located on the second floor of the campus.

PSG volunteers needed Volunteers are needed for the 13th annual Prairie State Games, to be held June 28-30 at Southwestern Illinois College. Each year, approximately 1,000 volunteers play an important role in making the games happen. This year's games will be the largest ever, according to organizers.

PSG officials are looking for members of the medical field, athletic coaches and people with officiating experience to volunteer for the games, as well as for general volunteers to help out in a variety of other ways.

Anyone interested in becoming a volunteer should call the PSG office at 632-1002.



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P205/75R14	—	55	60
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P205/75R15	46	54	61
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## SPORTS



Triplets' Brad Ervay (left) in action against Kahok Derek Johnson during the Warrior baseball season. (Staff photo by JOHN SWISTAK JR.)

## •Clippers

(Continued from Page 1B)

the second game with two doubles, a home run and six RBIs.

After walking on at St. Louis University, Wood is proving that somebody should have given him a scholarship to play somewhere.

"There's no pressure on him here in our line-up and nobody in the league knows him," DePew said. "He's seeing a lot of fastballs, and he's gaining confidence."

Newcomer Matt Tieman is also throwing well, and has picked up a victory along the way. Jeff Stephens is also swinging a hot bat, and playing well defensively.

Joe Wallace continues to be a home-run threat every time he steps up, and is helping DePew behind the plate when he's not

playing in the outfield.

"The outfield's one place you'll never see me," DePew joked. "I don't go out there too much."

Add in the rest of the core lineup, which continues to play their consistent good brand of ball, and you get another successful season in the works.

So is it hard to stay intense when winning becomes so commonplace?

"It's no problem for us anymore. When we were all younger that would happen," said DePew. "Just playing (baseball) on the weekend is enough for us, and the opportunity to play is what we enjoy. That's our thrill. We still get excited every time out."

## •Lancers

(Continued from Page 2B)

both teams. But there wasn't the same spirit or the same atmosphere that really kept things hopping at Centralia (in the sectional).

"I saw three tournament games including ours and there weren't any overpowering pitchers. It was a pretty equal field and I think we had just as good a chance as anybody to win it all. I'm happy to see Chatham Glenwood win it since they're a downstate team, but I thought we represented our area well."

The frustrating loss didn't spoil an outstanding season for East.

"After sitting back and reflecting on it, our season had more pluses than minuses," Schutzenhofer said. "You ask any coach in the area if he'd like to get to the first round at state and he'd take it."

"Except for one bad inning against Collinsville, we played two nearly flawless games at the regional and two at the sectional. We got some key hits from Greg Distler, good pitching from Jim Pecoraro, Brandon Musso and Nate Hodel, and some subs off the bench gave us a big lift."

The Lancers had 11 seniors, eight of whom started at one time or another. East qualified for state under Patton in 1975, 1977 and 1978, then went three years in a row from 1985 through 1987.

## •GCHS

(Continued from Page 1B)

include Derrick Webb, Tom Hatley and Shawn Thomas.

With the end of this group's four-year run, it leaves the program at a crossroad. Lobdell got a big group of freshmen out this year, and that's very good, because the rebuilding will have to begin next year.

There are other returning players who can help the program, and Lobdell said he'll be looking for them to step it up a notch next year.

"This year, I knew I'd be OK as far as the 1-2-3 spots were concerned," he said. "But as it turned out, we were strong in 4-5-6 as well. That wasn't as expected."

"It will take a lot to recover from losing Joe and Buddy, and you just can't do that overnight. But I think we have the kids coming back who can help us keep our program progressing."

A group of three juniors will be in charge of leading the team next year. Chris Carpenter, Tim Gossie and Scott Jackson all have returning varsity experience.

And a strong batch of sophomores will hopefully return to add the same type of spark they generated this spring.

John Mills, Mark Achenbach, Matt Foley, Mike Hillrich,

Steve Hendrickson and Aaron Bettorf all made their presence felt this year, and look to be the future of the Warriors' program.

And Lobdell hopes another big group of freshmen will come out next year. "I think the word is definitely getting around," said Lobdell, "and it doesn't hurt to send someone to state two years in a row. We've had three pretty good years in a row as a team, as well."

"At the beginning of this year, I don't think many gave us a chance for finishing at .500, and yet we were 9-3, and third in the (Southwestern) conference and third at the sectional. I'm real proud of all the kids. I don't think we'll need much time to rebuild."

"As long as the kids hit the ball year-round, we can keep improving."

## •Triplets

(Continued from Page 1B)

be back to add pitching, hitting and experience to the Triplets. Seniors who just completed the spring season at the high school will include infielder Brad Ervay, as well as pitchers Billy Niepert and Justin Bettorf.

Other Warriors who will join Post 113 are Kyle Briggs, Mike Ahlvers, Mikal Guffey, Chris Flala, Dave Whittington, Dustin Brewer, Greg Winfield, Jeff Hayden, David Parker, Tim Wallace and Ryan Relleke.

Paul Kacera, a sophomore pitcher at the high school this spring, will play mostly at the Junior Legion level, but will likely see time at the Senior level as well.

"WE SHOULD BE DECENT," said Doug Winfield. "Our pitching should be our strong point, and defensively I think we're pretty good. I don't know about hitting — I'm not sure what to expect. I think we have the ability to score runs, though."

The District 22 South Division will be as strong as ever, with Belleville and O'Fallon likely leading the way.

But the North Division will have a different look this year. And Roxana has dropped its team from the Senior Legion, and Nashville has been added to the South Division. So instead of 22 league games, there will be 19 this year, giving teams like Tri-City a chance to play in an extra tournament.

And some teams, even in the North Division, will only play the Triplets one time in league play. However, Tri-City will play Collinsville, Troy and Highland twice during the regular season. Winfield said he didn't understand the reluctance of some players who didn't want to participate in the Legion season, but he said he's happy with the group he's got.

"They're committed to baseball, and that's the kind of players you want on your team," he said. "Hey, you're only a kid for so long, and there isn't that much time left to play baseball."

Tri-City was to travel to Wood River Monday, but that game was postponed. On Tuesday, the Triplets were to host Highland.

## •Art

(Continued from Page 1B)

"He was the only one under 200 pounds," said Koch.

Yet, with determination, the 6-foot-3 Barrett employed what Koch termed "the best technique at state" to finish well ahead of Mark Fleming of Charleston at 173-3 and Chuckwudebe at 175-3. David Astrauskas of Triad finished eighth at 160-11.

"Tom" played football at about 210 pounds but he worked himself below 200 during the track season," said Koch.

"But he was so powerful and explosive in his throw, he easily cleared 180 feet."

Koch said Barrett reminded him of a baseball pitcher with amazing speed but also with the technique to go with his delivery. Barrett finished 1½ feet from a state record.

OVERTIME: A final big? How about 6-foot-9 Aaron Freeman, a junior at Murphysboro High, where a composite basketball record of 17-37 the past two seasons was enough to get coach Rich Tillitt fired.

Tillitt, a longtime pitcher in the Belleville City Softball fast-pitch league, has been hired as an assistant basketball coach at Carbondale High. He will be replaced at Murphysboro by coach Darryl Murphy, 28, who coached at Century High.

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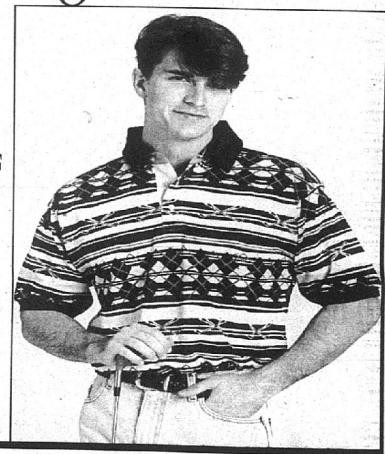
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Our event calendar also includes entries for community groups that meet on the first Monday of the month.

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the first Monday of the month, etc. Readers are encouraged to call these groups if holidays or other dates are uncertain.

more information call Dan at 452-2336 or Diane at 876-1360.

Band rehearsals, 7:30 to 9 p.m., St. John United Church of Christ, 2901 Nameoki Road, Granite City, 931-0443.

**Sunday, June 16**  
The Pontoon Beach Jaycees regular meeting is held at 7:30 p.m. at Ralph and Charlie's Steak House. The meetings are open and the public is invited.

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To enter simply answer all five "Great Race" questions correctly (answers can be found in today's Classified section) and send to: The Great Race, St. Charles Convention and Visitors Bureau, 1774 Deer Tracks Trail, St. Louis, MO 63131.

One winner will be selected at random. Winner will be notified by June 24, 1996. Entry must be received by June 19, 1996.

1. What city are the racers leaving from and where is the finish line?
2. What three well-known food beverages were introduced at the 1904 World's Fair?
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**Friday, June 14**  
Granite Chapter 650 Order of the Eastern Star meets at 7:30 p.m. at the Masonic Temple, 20th Street and Cleveland Boulevard in Granite City.  
Downtown Neighborhood Restoration Society, Granite City, 876-7715, 8 p.m.  
Hereditary Ataxia (a disorder of nerve cells in the spinal cord and cerebellum) support group. Call Curt Williams, 877-5172, for information.  
Al-Anon meets at 8 p.m. in the Miloski Room in the basement at St. Elizabeth Medical Center. Call 463-2429 for more information.  
Alcoholics Anonymous, noon and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.  
Friday Afternoon Pinochle Club for seniors 55 and over meets at 12:30 p.m. at the Harold Brown Building, Franklin Avenue and Pontoon Road. Call 877-0350 for more information.

**Saturday, June 15**  
Alcoholics Anonymous, 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.  
Al-Anon Adult Children, 10 a.m., 2016 Delmar Ave., 463-2429.  
Narcotics Anonymous, Acceptance, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.  
Rescue Mission, 1536 Fourth St., Madison, food pantry is open from 9 a.m. to noon.  
Samuel Turner is the chairman, Valonda Turner is the secretary and Alfred Turner is the pastor.

**Tuesday, June 18**  
Band Parents Association of Granite City High School, 3101 Madison Ave., 451-5888, 7 p.m.  
Behavioral Health System will present a talk on "Recovering From Chemical Dependency: The Hows and Whys" at 7:30 p.m. in the Pacesetter at St. Elizabeth Medical Center, 2100 Madison Ave. in Granite City. This talk is free and open to the public. For more information, call 788-3888.  
Knights of Columbus, 4th Degree, 4225 Old Alton Road, 7:30 p.m., 877-4250.  
Lupus Erythematosus Support Group, sub-chapter of Illinois Lupus Foundation, 7:30 p.m., Memorial Hospital auditorium, Belleville, 233-7750, extension 5860.  
Pontoon Beach Senior Citizens, meeting, 7 p.m., 3910 Illinois 111, Pontoon Beach.

Depressive Manic Depressive Association of Madison County will meet from 7 to 9 p.m. at St. Elizabeth Medical Center. James E. Lewis and Karl A. Strassman, Co-leaders of the DMDA, will conduct the meetings. For more information, call 877-7517 or (314) 776-4929.  
TOPS 1699, (Take Off Pounds Sensibly) will meet at 6:45 p.m. at the Anchorage Recreation Center, 2902 Edwards St.; 797-2724 for more information. Men and women are welcome to attend.  
Alcoholics Anonymous, 8:30 a.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.  
Alcoholics Anonymous (women only), 8 p.m., Presbyterian Church, Mitchell, 1 (800) 307-6600.  
Al-Anon, 8 p.m., St. John United Church, 2901 Nameoki Road, Granite City, 931-0443.  
Al-Anon, 8 p.m., St. John United Church, 2901 Nameoki Road, Granite City, 463-2429.  
Al-Anon, 8 p.m., Niedringhaus United Methodist Church cafeteria, 20th and Delmar, Granite City, 463-2429.  
Alateen and PreAlateen Program for 12 to 17 age group, and prealateen for six to 11 year age group, meets at 8 p.m. at Niedringhaus United Methodist Church, 20th and Delmar. For more information call 463-2429.  
The Blood of the Lamb prayer and bible study. The public is invited to come for praise and worship, teaching from the Word and prayer for your needs from 10:30 a.m. to 12:30 p.m. at Full Gospel Fellowship Hall, 2301 Orville, Granite City. A nursery will be provided. If a ride is needed, call 451-4020 or 1 (314) 868-1865.  
The Circle of Hope, a 12-step healing program for anyone whose life is affected by HIV infection meets at 7 p.m. at the King's House on North 96th Street in Belleville. For more information, call 234-0291.  
Granite City Kiwanis meet at Shoney's at 7:30 a.m.  
Narcotics Anonymous, Path to Recovery, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.



# SCHOOL NEWS

## Bravo!

**Coleman**  
Ann Elizabeth Coleman is retiring after 30 years of service as a certified teachers aide with the Madison School District.

Coleman began her career at Blair School in 1966 under the direction of Richard Spillars, principal. In 1983, Coleman was transferred to the special education program at Madison Middle School, where she remained for 10 years.

A member of Bethel African Methodist Episcopal Church, she is a trustee, singer and choir and chorus member at the church.

Coleman is married to Burnett L. Coleman Sr. She is the mother of Patrick Avery, Burnett Jr., Michael, Jennifer and Karen. Her mother is Annie Horton.



**Ann Elizabeth Coleman**  
chain. Her philanthropic support helped found Scripps College and Scripps Institute of Oceanography.

**Hankes**  
Valerie Hankes was awarded a second-place \$500 scholarship at the Illinois State Speakers Tournament in Chatham May 18.

Hankes' topic was "Youth - The Church of Today." She was representing Grace Baptist Church in Granite City and the Madison County Baptist Association. A sophomore at Granite City High School, she is the daughter of Mike and Millie Hankes.



**Valerie Hankes**  
of Granite City. For more information about the opportunities for teenagers at an active church, call Grace Baptist Church at 677-6672.

**Wozniak**  
Chad R. Wozniak of Granite City was one of 314 full-time students named to the dean's list for the 1996 spring semester at Bellarmine College in Louisville, Ky.

The dean's list recognizes students who earn a 3.5 grade point average or better. Bellarmine uses a 4-point grading system. Wozniak, a Granite City High School graduate, is a

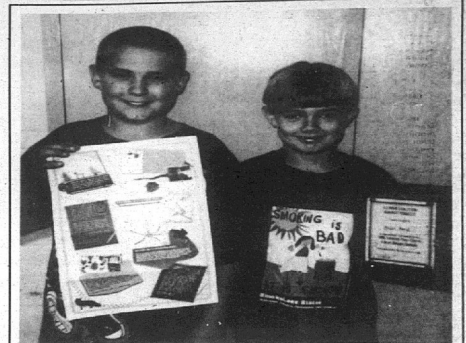
junior communications major at the college.

**Christiansen**  
Margaret Christiansen of Granite City has been awarded the Mortar Board honorary at DePaul University in Green-castle, Ind.

Announcement of the recognition was made at the annual awards convocation at which more than 200 undergraduates were honored for academic and extracurricular achievements.

Thirty-two junior men and women were chosen for Mortar Board, which recognizes students who have demonstrated superior scholarship, leadership and creative service to the campus community. Selection to Mortar Board is made by senior members of the undergraduate honor group.

Christiansen is the daughter of Walter and Faith Christiansen of Granite City and a 1993 graduate of Granite City High School.



**Kids' art** — Shown are Jay Nagle, left, and Phil Byrd, 11-year-old students at Marshall School. Nagle's diagram of the outdoor classroom was published in the *Illinois Kids' for Conservation* spring 1996 magazine. Byrd's artwork was a winner in the Illinois State Tobacco-Free T-shirt Design Contest.

**Kohl**  
Stephanie Kohl, a 1996 graduate of Granite City High School, has been named the Ellen Browning Scripps Scholar by Knox College in Galesburg, Ill.

This prestigious award includes a one-year renewable scholarship of \$5,000 annually toward tuition. Kohl is the daughter of Frank and Margaret Kohl of Granite City. She has accelerated courses in English, mathematics, history and the foreign language. In addition, she participated in Fellowship of Christian Athletes, Students Against Drunk Driving, the Science Club, the Foreign Language Club and in her church during her high school career. She plans to study architecture while at Knox.

Scripps College is named in honor of Ellen Browning Scripps, an 1888 graduate of Knox. She founded the Scripps House, a new dormitory.

## Preschool Program holding registration

Registration for the Granite City Public District Preschool Program is being held at the Wilson Park Office, 24-26 for ages 3 to 5. Additional residents and non-residents may register during June 27 and opening dates are filled.

The cost for the school year is \$95 for residents and \$125 for non-residents. The fee covers supplies and many other materials. Classes meet twice weekly at the Harold Brown Recreational Center.

Birth certificates and proof of residence are required at the time of registration.

The program is for children who are 3 years old before Sept. 1, 1996. This includes children who are 2 years old before Sept. 1, 1996. This is one of the best programs for children in the public school system in Granite City. This is one of the best programs in the district's most popular programs and the classes fill quickly.

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16 oz. Porterhouse  
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**Full Rack of Ribs 2 Lbs smoked & slow broiled**  
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Advertisement from the South Side Journal, Wednesday, February 13, 1952.

**Pages from the Past**  
For 75 years the Journals have been chronicling the story of St. Louis, neighborhood by neighborhood.

On Sunday, June 30th we'll be celebrating by offering St. Louisans a special anniversary present... a special edition of the Journal devoted to the history of all of the communities we serve, told with words and photos coming from our vast archives.

Don't miss it... coming in your Journal, Sunday, June 30th!

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**Suburban Journals**

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Collinsville: Lakeside Plaza 345-8888  
Edwardsville: Mordecai Shopping Center 656-9445  
Granite City: Crossroads Plaza 451-1787  
Grafton: Southview Plaza 652-8967  
Lansing: Schmitt's Shopping Plaza 236-7467

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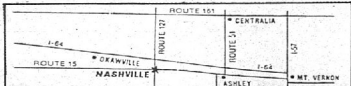
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# Today's Food

Wednesday, June 12, 1996

## Food & Nutrition

### Wise Ways

Calcium strengthens bones, but high-sodium foods, overeating meat and swimming in soft drinks can cut its efficiency.  
**INSIDE**

### Hearty Bites

Let dad enjoy a Father's Day full of his heart's delights.  
**INSIDE**

### Blue Ribbon Cook

Many potato salads come with German flavor, but this winning recipe hams it up with an Italian accent.  
**INSIDE**

### Test Run

Is yogurt more dessert than snack when it comes in chocolate and cappuccino flavors?  
**INSIDE**

### Micro Raves

Tradition is well-served as dad grills his favorite main dish and the rest of the family cooks up tasty 'spuds.'  
**INSIDE**

### Lively Taste

Grill bite-size pieces of boneless, skinless chicken breast in a basket, then dip them in a sweet-and-sour sauce. In medium saucepan, combine 1 can (15 ounces) pizza sauce, 1/2 cup crushed pineapple (well drained), 1/4 cup firmly packed brown sugar, 2 tablespoons vinegar and 1 tablespoon soy sauce. Heat to boil. Reduce heat. Simmer, stirring occasionally, 5 minutes. This can be done on a stovetop, in a microwave oven or on a grill.

## Health & Fitness

### Medicine Chest

A little care preserves medication patch so dosage is delivered without watching the clock.  
**INSIDE**

### Fresh Picks

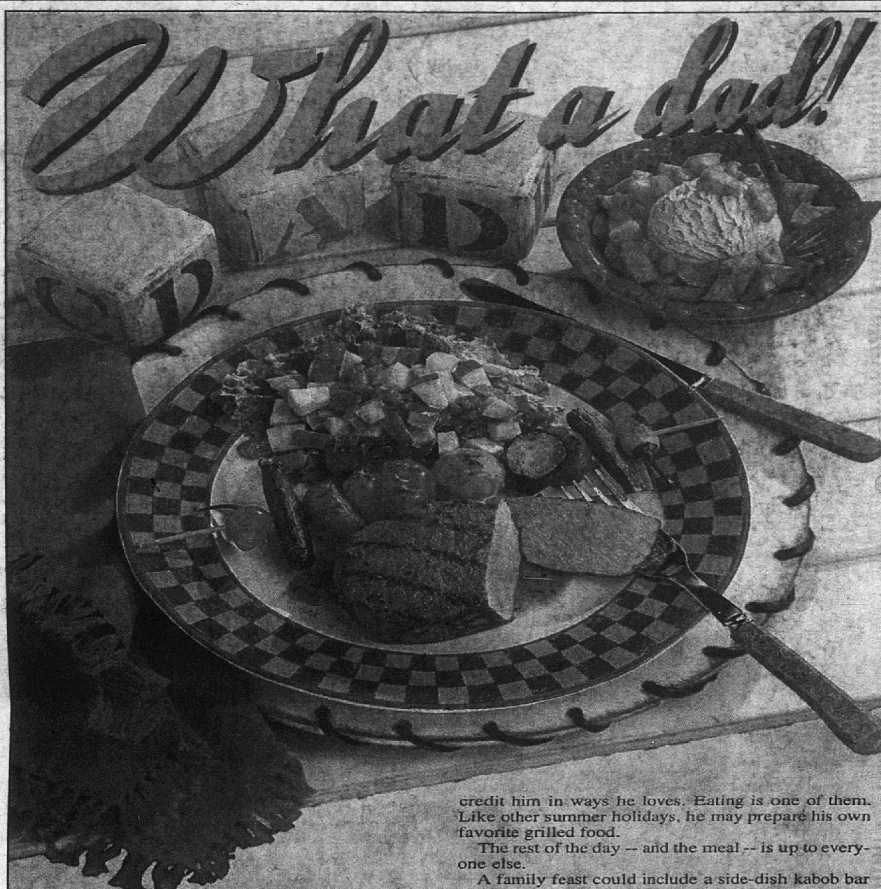
Cooked fresh vegetables make a smart match for cooked rice. Cook rice in low-fat chicken broth instead of water. For every 2 cups cooked rice, add 1 cup tender-crisp vegetable, such as corn, green beans or broccoli. If desired, season with salt-free seasoning, rosemary or basil.

### Big Fat Tip

Ballpark cuisine can score if food is chosen carefully. At dinner or lunch time, look for increasingly common light choices, like grilled chicken or salad with low-fat dressing. If only traditional ball game fare is offered, choose a hot dog and hot pretzel, rather than cheese dog and fries. A meal isn't required, just because it's a ball game. For a snack, choose low-fat pretzels with mustard, rather than peanuts or nachos.

### Future Shop

According to a recent survey of callers to the American Dietetic Association's consumer nutrition hotline, 98 percent of male callers think restaurants should offer healthful menu items. However, when they order, only 54 percent say they frequently or always select a healthful item. About one-third of a man's caloric intake and dietary fat is eaten outside the home, so it would be a good idea for men to practice what they know they should preach. They should choose lean cuts of meat, fish and chicken with skin removed that is prepared by broiling, baking, steaming or poaching instead of frying; ask for salad dressing and sauces low in fat and served on the side; include fruits and vegetables, and eat whole grain breads rather than croissants, bagels instead of doughnuts. The free ADA number, with dietitians available during business hours, is 800-366-1655.



By Janice Denham  
Staff writer

Ah, good ol' dad.  
He can't imagine what to do with a daughter -- until she spits up at him in her first week home, bats her eyelashes when he tries to keep her from danger, wears jeans too tight and someone else's T-shirts, and brings her own children back to hug their granddad.  
He thinks he has a better idea of how he'll spend time caring for a son. Bats, spitballs and bikes aside, that little guy may take his aptitude for gargoyles, gym class or goulash to laughter and tears over building blocks, Olympian sports and culinary school, or defy boundaries and let dad try to figure where they are set.  
Whatever its challenges, fatherhood is a state a dad knows he has entered -- from frequent use of the ATM to chaperoning the kindergarten field trip.  
His Father's Day response from his family is to

credit him in ways he loves. Eating is one of them. Like other summer holidays, he may prepare his own favorite grilled food.

The rest of the day -- and the meal -- is up to everyone else.

A family feast could include a side-dish kabob bar for all ages. Kids wash their favorite fruits and vegetables for grown-ups to slice, if necessary.

Fill individual bowls with foods that can be threaded on skewers. Wooden skewers should be soaked about 30 minutes before using them for cooking. Favorite combinations can be individualized, then brushed with a little melted butter or margarine, oil, fruit juice or barbecue sauce, and grilled.

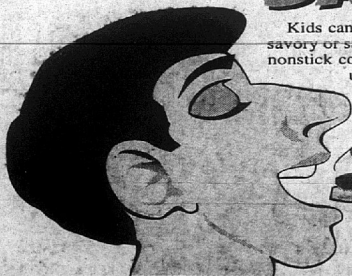
To cook corn on a grill, remove silks and husks and moisten each ear with water. Wrap in aluminum foil and toast 8 to 10 minutes, turning the packet to heat evenly. If serving with soft butter or margarine, add a touch of Worcestershire sauce for verve dad will love.

For free recipe booklets for grilling from the National Pork Producers Council -- different apple varieties from the Apple Growers of Washington, and a 36-page booklet from Lea & Perrins, send a self-addressed mailing label to: Father's Day Feasts, P.O. Box 10383, Des Moines, Iowa 50306.

SEE RECIPES FOR DAD, INSIDE TODAY'S FOOD, PAGE 2

## Kids' Cuisine

### DAD'S PIZZA



Kids can fix a sweet pizza for dad. Start with a prepared pizza dough -- not savory or salted. Usually this is a plain, bread-like dough. If desired, spray with nonstick cooking spray, sprinkle with cinnamon-sugar and bake a couple minutes to set flavor. Other options for the crust include baked cookie dough or frozen bread dough, thawed and baked.

On cooled crust, spread 1 can (21 ounces) cherry pie filling. Top with sliced fruit and dollops of vanilla yogurt. If refrigerating pizza before serving, dip peaches or banana in mixture of water and a few tablespoons lemon juice and add yogurt just before serving. Whipped topping also can be used if preparing ahead of time.

Reel Tucker Graphics



# Feeling Food

## Fast Run



A selection of yogurt and fruit yogurts in chocolate, raspberry and vanilla flavors, showing their impression on Journal readers this week.

## Time for dessert: of chocolate

The yogurt section of the dairy case is the hot spot for desserts, manufacturers would like us to think. Journal readers lined up some new flavors: a double cappuccino and chocolate — to see if they agreed.

Snackwell's double chocolate and raspberry chocolate yogurt and Dannon cappuccino generally gathered fairly positive comments. While the Dannon comes in a 6-ounce container, the others are in 8-ounce containers.

"I think they all would be good in a shake or as afternoon snacks," one tester summed up. "I think children and adults could enjoy this the morning."

The flavors changed one person's total evaluation of yogurt.

"I'm no yogurt lover, but both cappuccinos are, actually good and chocolate is satisfactory as well. I would prefer the fruit or regular yogurt, but I might actually buy some of these to replace a bad habit," she said.

"I've had a whole 8-ounce carton of yogurt, nonfat cappuccino yogurt that was better."

Testers talked about the price for the products — about 10 cents for the 8-ounce carton of the Dannon flavors or 6 ounces of the Snackwell's.

"It did not deter anyone who wanted it for a single serving snack or even a calcium-rich breakfast, but those with families are in a bind to prefer to make pudding."

"It costs more than a candy bar, which may not matter for the health conscious, but it could be a stretch when a 6-ounce container with the snack machine is a faster sale."

The testers noted a big chocolate eater thought the flavor was as good as chocolate pudding. "She would be eating it as a pie, as well as eating it plain," she said.

The raspberry chocolate flavor was described as "on the edge of being good."

Chocolate raspberry was

a delicious chocolate and fruit flavor. You taste a light berry flavor first, then a chocolate follow-up. It's really dark and rich in color," she said.

Apple and raspberry juice concentrates give it the fruit flavor. A tester who tried it before said she was surprised at how immediate the raspberry flavor was at first, then how it faded away through the rest of the chocolate yogurt.

The double chocolate flavor appealed to chocolateolics, but was not favored as much by those who like milder chocolate.

One taster who steers away from non-natural sweeteners liked the Snackwell's flavors because they contain sugar instead of Aspartame. A second called the Snackwell's taste less artificial.

Another preferred Yoplait cappuccino, richer with 2 grams fat per 6 ounces, while the Dannon has no fat.

A tester differentiated the cappuccino flavors.

Yoplait cappuccino has a completely different flavor, more tangy and coffee-like than the Dannon. But also sweet. They both have nice color, flavor, a very light taste," she said.

One called the cappuccino flavor too light, but most thought the creamy texture greatly enhanced the flavor.

"I tend to come up short on calcium," a taster said. "I know I'll use the nonfat cappuccino over the summer as an evening snack. It's much more healthful than a cup of coffee, which I leave after dinner, and a cookie and more cool and refreshing, too."

Two flavors, Dannon and Yoplait, came with cookie-type crumbles. Only one person liked them as an asset. Most would be at least as happy without them. "One said, 'I don't like them. They are too hard and worth the extra for the taste.'"

Another tester said,

and 1/2 teaspoon whole mustard seed. Sour cream and mayonnaise may be reduced-fat or nonfat. Serve cubed potato or other hot, cooked, fresh vegetable. Makes 2 1/2 cups.

and Worcestershire sauce. Marinate pork in mixture 30 minutes.

Prepare medium-hot coals. Place pork 5 inches over coals. Grill 12 to 15 minutes, turning once and basting with marinade.

Makes 4 servings. 225 calories, 35 g protein, 11 g fat, 225 mg sodium and 105 mg cholesterol each.

Sweet and Spicy Chops: For marinade, combine 4 tablespoons Dijon mustard, 4 tablespoons brown sugar, 4 tablespoons apple juice and 2 tablespoons Worcestershire sauce. Marinate chops in refrigerator 2 to 24 hours.

Honey-Garlic Chops: For marinade, combine 1/4 cup

## Wise Ways

# Salt, soda can 'pop' calcium from the body

Most people are aware calcium builds and maintains strong bones. Bones increase in size and density up to about age 30, forming a calcium "bank" to draw on in our senior years.

It is critical children and young adults eat nutritious food to maximize their calcium absorption during these years.

However, there is more to the equation than just calcium. Other nutrients, such as vitamin D and boron, are also important for calcium uptake.

Fewer people know certain nutrient excesses can lead to calcium loss through the kidneys. Phosphorus from high intake of meats and soft drinks containing phosphoric acid is known to affect calcium balance negatively.

Associated even more closely with greater calcium loss is sodium. High sodium intake causes teenagers to lose urinary calcium at a time when they should store as much as possible. For every 2,300 milligrams sodium ingested (about a teaspoon of salt), 20 to 60 milligrams of calcium is lost in the urine.

This could mean some girls — and their mothers, too — lose the equivalent of one-third of their daily calcium needs due to sodium intake. Add this to the fact that teenage girls fall short of their recommended calcium intake and the calcium gap widens further.

Here is how to narrow the gap:

• Eat plenty of fresh fruits and vegetables and bread products. Avoid highly processed convenience items and canned foods which usually are high in sodium. Check nutrition facts on labels to keep each meal to no more than 1,000 milligrams sodium.

• Eat no more than the recommended 5 to 6 ounces meat per day.

• Limit soft drinks, especially those listing phosphoric acid on the ingredient list. Since 1984, consumption has increased 12-fold. Our bones pay the price.

• Alcohol, tobacco and caffeine also contribute to calcium losses. Avoid or limit these habits.

• Get regular weight-bearing exercise — such as walking, cycling and aerobics — at least three times a week. The stress of muscles tugging on bones keeps bones strong.

Chief Gail Gand of Trio, an award-winning restaurant in Chicago, created this low-fat, calcium-rich dessert for the Dairy Council. An Italian custard-like pudding without eggs, it is high in calcium, fat-free and low in sodium.

Registered dietitian Cynthia Fauser is nutrition specialist for University Extension (University of Missouri system) in St. Louis County.

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## By CYNTHIA FAUSER

## PANNA COTTA WITH MIXED BERRIES

- 1 cups skim or 1 percent milk
- 1/2 vanilla bean, split lengthwise, or 1 tsp. vanilla extract
- 1/4 cup sugar
- 2 envelopes unflavored gelatin
- 3 tsp. cold water
- 3 tsp. almond extract, if desired
- 2 cups mixed berries, such as blueberries, blackberries, raspberries and strawberries

In medium saucepan, heat milk, vanilla and sugar to simmer, stirring occasionally.

In small dish, sprinkle cold water over gelatin to soften it. Stir into hot milk mixture. Stir until dissolved. Remove from heat. Stir in almond extract.

Divide among four 8-ounce molds or custard cups. Refrigerate at least 4 hours or overnight.

To serve, dip molds in hot water. Loosen with knife, if necessary. Unmold onto dessert plates. Top with berries.

Makes 4 servings; 140 calories, 41 g protein, 24 g carbohydrate, no fat, 5 mg cholesterol, 120 mg sodium and 30 percent U.S. recommended daily allotment of calcium each.

By BETTY SERATI

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# Dads' simple pleasures include spuds by grill

- 1 1/2 to 2 cup milk
- 2 cups (2 oz.) shredded mild cheddar cheese

Wash potatoes. Pierce several times with fork. On paper bowl, cook potatoes 12 to 14 minutes until slightly firm to the touch. Let stand 5 minutes.

Place washed spinach leaves in 1-quart glass casserole.

Cook, covered, on high power 3 to 4 minutes. Drain. Chop finely.

Cut potatoes in half lengthwise.

Scoop flesh into mixing bowl, leaving about 1/4-inch potato in shell. Mix in butter until melted. Beat in sour cream and enough milk to make light, fluffy consistency. Stir in spinach and cheese.

Fill potato shells. Cook on high power 4 to 5 minutes until heated through. Makes 6 to 8 servings.

Toss lightly with mayonnaise.

Makes 4 servings; 351 calories, 5 g protein, 23 g fat, 351 mg sodium and 19 mg cholesterol each.

## APPLE CINNAMON SUNDAE

- 1 tsp. butter or margarine
- 2 golden delicious apples, peeled, cored, coarsely chopped
- 1 tsp. sugar
- 1/2 tsp. cinnamon
- 1 pt. vanilla frozen yogurt or ice cream
- 12 fresh cherries with stems, if desired

In medium nonstick saucepan, heat butter over low heat.

Cook apples, sugar and cinnamon, gently stirring frequently, 15 minutes or until apples are fork-tender but retain their shape.

Divide frozen yogurt among serving bowls. Spoon apple topping and cherries over frozen yogurt.

Garnish each serving with 3 cherries. Serve immediately.

Makes 4 servings; 204 calories, 4 g protein, 3 g fat, 74 mg sodium and 19 mg cholesterol.

## Blue Ribbon Cook

# Veggies add zest to salad

Julie Smith, Imperial, is winner of this week's recipe contest for Ham-Potato Salad — Italian-Style. The prize is dinner certificates at the Pasta House Co.

This winning potato salad gets double credits for using fresh garden vegetables and its likable Italian accent. The Italian spirit comes from marinating warm potatoes in Italian salad dressing and adding oregano to the dressing.

Her mother made the side dish every summer with ingredients picked fresh from the garden. Smith cuts the fat for her family by using plain yogurt and reduced-fat mayonnaise and salad dressing in the dressing.

Recipes in the Summer Vegetable Recipe Contest should be postmarked by June 30 for consideration as winner each Wednesday in July. Send in a recipe that is welcome to eat or prepare in summer, using at least one fresh summer vegetable. It can be a side dish, main dish, appetizer or soup.

Send one recipe per household to: Summer Vegetable Recipe Contest, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, Mo. 63131.

Type or print the recipe legibly on one side of the paper. Include a name, address and telephone number on the entry. Name the Journal you receive.

Be sure to double-check the recipe as it is written for both amounts and directions, including any variations that make this dish special.

Contest winners may enter again six months after their prize-winning publication date.

By BETTY SERATI

## HAM-POTATO SALAD ITALIAN-STYLE

- 4 cups sliced potato
- 1/2 cup Italian salad dressing
- 1 cup cubed cooked ham (1/2 inch cubes)
- 1 cup cubed, pared cucumber
- 1 cup thinly sliced celery
- 1/2 cup sliced radish
- 1/4 cup finely chopped green onions
- 3 hard-cooked eggs, cut in eighths
- 1/2 cup mayonnaise
- 1/2 cup sour cream
- 1 to 1 1/2 tsp. leaf oregano
- 1/4 tsp. salt
- Pinch pepper

Cook potato until tender. Drain. Cool slightly. Toss with Italian dressing. Marinate in refrigerator 2 hours.

Combine mayonnaise, sour cream, oregano, salt and pepper. Mix well.

In large bowl, add dressing mixture to potato, ham, cucumber, celery, radish, onion and egg. Mix gently to combine. Refrigerate at least 1 hour before serving.

To serve, garnish with tomato wedges and additional slices of hard-cooked egg, if desired.

In medium nonstick saucepan, heat butter over low heat.

Cook apples, sugar and cinnamon, gently stirring frequently, 15 minutes or until apples are fork-tender but retain their shape.

Divide frozen yogurt among serving bowls. Spoon apple topping and cherries over frozen yogurt.

Garnish each serving with 3 cherries. Serve immediately.

Makes 4 servings; 204 calories, 4 g protein, 3 g fat, 74 mg sodium and 19 mg cholesterol.

By BETTY SERATI

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## Bad

Continued from Page 10.

## POR'S GARLIC PEPPER CHOPS

Put thick-thick boneless pork tenderloin chops (sometimes called "loin") in a large bowl. Cover with 1/2 cup brown sugar, 1/2 cup Worcestershire sauce.

In self-sealing plastic bag, combine garlic, onion, pepper, brown sugar

and Worcestershire sauce. Marinate pork in mixture 30 minutes.

Prepare medium-hot coals. Place pork 5 inches over coals. Grill 12 to 15 minutes, turning once and basting with marinade.

Makes 4 servings. 225 calories, 35 g protein, 11 g fat, 225 mg sodium and 105 mg cholesterol each.

Sweet and Spicy Chops: For marinade, combine 4 tablespoons Dijon mustard, 4 tablespoons brown sugar, 4 tablespoons apple juice and 2 tablespoons Worcestershire sauce. Marinate chops in refrigerator 2 to 24 hours.

Honey-Garlic Chops: For marinade, combine 1/4 cup

## POTATOES WITH ONIONS

- 3 cups scrubbed, sliced potato (unpeeled)
- 1 small onion, sliced

Preheat oven to 300°.

Sprinkle walnuts in baking sheet. Bake in preheated oven 15 minutes.

In small bowl, combine butter and Worcestershire sauce. Add walnuts, stirring to coat. Let stand a few minutes to let walnuts absorb liquid.

In medium bowl, stir together apples, Squeeze lemon juice over top. Add celery, raisins and walnuts. Combine thoroughly.

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# Today's Food



Five-Way Sundae Sauce, brownie chunks and candy sprinkles make ice cream a social invitation. It can be Father's Day, Fourth of July, a rain dance or a dance in the rain.

## Ice cream social: still cool after all these years

The ultimate summer ice cream party — the social — is alive and well. It welcomes people to a friendly neighborhood, celebrates summer holidays and cools down appetites.

Ice cream socials first made the American scene in the late 1800s, usually as fund-raisers, when the ice cream was hand-cranked and the flavor usually vanilla. Now hand-cranked freezers often are replaced by electric models, a host of flavors has joined creamy homemade vanilla and ice cream from a supermarket is the option of choice.

Socials today still bring people together over bowls — and more bowls — of ice cream. According to St. Louis District Dairy Council, tradition and the fun of getting together keep events going for years.

In Ruma, Ill., members of St. Patrick Catholic Church serve up more than 150 gallons of vanilla ice cream topped with fresh strawberries at the May Strawberry Festival, now in its 36th year.

On the Missouri side of the Mississippi River, the parents' organization of Holy Redeemer Catholic School in Webster Groves holds an ice cream social on the eve of the first day of school to soothe first-day jitters and encourage parents to feel at home.

Whether the event is large or small, whether the ice cream is homemade or bought, ice cream socials are a great way to bring people together in the summer.

Hosting a social in the back yard is easy. Buy

half-gallons of several favorite flavors. Plan to serve at least five or six people from each half-gallon. To save calories and fat, select lower- or no-fat varieties or frozen yogurt.

Complement it with purchased toppings or easy, versatile Five-Way Sundae Sauce. It's a simple combination of chocolate syrup and caramel syrup with whipping cream.

After simmering it, create a personalized topping flavored with almond, coconut, peppermint, peanut or coffee. Make one or all five variations. Serve warm or at room temperature.

Set out a variety of garnishes — like brownie chunks, chopped candy bars, toasted nuts and whipped cream. Make sundaes to order for guests, or invite them to make their own by providing scoops and space to make their decisions.

Stir in one of the flavorings. Serve sauce warm or at room temperature.

Makes about ¾ cup; 35 calories, 2 g fat and 5 g carbohydrate per tablespoon, without add-in.

### SUNDAE SUGGESTIONS

**Coconut Delight:** Drizzle scoops of chocolate, vanilla and butter almond ice cream with coconut-flavored Five-Way Sundae Sauce. Garnish with toasted coconut, toasted almonds, chopped chocolate-covered coconut candy bar, whipped cream.

**Totally Almonds:** Drizzle scoops of chocolate chunk praline and strawberry ice cream with almond-flavored sundae sauce. Garnish with chopped toasted almonds, brownie chunks, chocolate sprinkles, whipped cream.

**Purely Peppermint:** Drizzle scoops of chocolate fudge, vanilla and peppermint ice cream with mint flavored sundae sauce.

Garnish with peppermint patty chunks, mint leaves and whipped cream.

**Peanut Butter Blast:** Drizzle scoops of vanilla ice cream with peanut butter flavored sundae sauce. Garnish with chopped peanuts, chopped peanut butter candies or peanut butter chips, whipped cream.

### FIVE-WAY SUNDAE SAUCE

- ¼ cup chocolate syrup
- ¼ cup caramel sundae syrup
- ¼ cup whipping cream
- ¼ tsp. coconut, almond or peppermint extract; 2 tsp. creamy peanut butter; or 1 tsp. coffee granules dissolved in 1 tsp. hot water

In small saucepan, stir together chocolate and caramel syrups and whipping cream. Bring to boil. Reduce heat. Simmer 5 minutes, stirring occasionally. Remove from heat.

### Recipe

#### TURKEY SALAD ROLLS

- ½ cup mayonnaise
- 1 tsp. prepared mustard
- 1 tsp. seasoned salt
- 1 tsp. pickle relish, drained
- 1 tsp. chopped fresh parsley
- 16 small slices cooked

- turkey
- 2 large pears, peeled, cored
- Radish roses for garnish, if desired

Combine mayonnaise, mustard, seasoned salt, pickle relish and parsley. Spread on turkey.

Cut each pear in wedges. Roll 1 slice turkey around each pear wedge. Skewer with toothpick. Crown with radish rose.

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### ORANGE-GINGER SCALLOPS

- 12 oz. scallops
- 2 tsp. water
- 2 tsp. butter or margarine
- 1 tsp. orange, lemon or lime juice
- ½ tsp. finely grated orange, lemon or lime rind

1/8 tsp. ground ginger

Cut large scallops in half. Combine with water in 1½ quart microwave-safe dish. Microwave, covered, on high power 2 to 4 minutes until scallops are opaque. Drain.

Mix butter with juice, rind and ginger in small microwave-safe bowl. Cook, covered, 45 to 60 seconds until melted and hot. Pour over scallops.

Makes 6 servings.

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# Today's Food

## Good Health

By MELANIE POLK

### Leftovers create a mix in love-hate relationship

Problem leftovers — you know the ones — work their way back to the farthest reaches of your refrigerator. An extra serving of rice, half a can of tuna, fruits and vegetables losing their freshness are problems to be turned into problem solvers and time savers. Used in quick-fix dishes, they require little or no cooking.

Have the last graham crackers or gingersnaps turned to crumbs? Top poached fruit with them for dessert. Cracker crumbs sprinkled over steamed cauliflower or other vegetables add crunch.

Are the fresh fruits and vegetables nearly past their prime?

Put ripe bananas in a blender or food processor with plain or vanilla nonfat yogurt. Blend until smooth, spoon into dessert dishes and chill 30 minutes. Serve this mixture with a light dusting of cinnamon or nutmeg.

If your green pepper is on the wane, chop and use it in stir-fry, salad, dip, soup, stew, meatloaf, stuff-

ing, a casserole, rice, potatoes or hamburgers, or to top pizza. Slip chopped vegetables into coleslaw, tuna, chicken or turkey salad.

Leftover rice can be used in soup, stuffing, quick bread, pancakes and casseroles. Stir-fry it in a bit of olive oil with canned black beans, sautéed onion, garlic and green pepper, then season the mixture with cinnamon, nutmeg and parsley for a delicious Mexican-style side dish to serve in place of potatoes.

Combine rice remnants with other vegetables and seasonings to stuff peppers, onions or acorn squash.

Just about any leftover can have a second life, adding new flavor and texture to otherwise ordinary dishes. Use-Up-Leftovers Pasta Salad is a great way to combine extras from a previous night's main dish with any vegetables in a refrigerator crisper drawer.

Be creative. The only limit is someone eating the leftovers before they receive their new life.

Registered dietitian Melanie Polk is director of

nutrition education for the American Institute for Cancer Research in Washington, D.C.

#### USE-UP-LEFTOVERS PASTA SALAD

- 1/2 cup cooked meat (chicken, turkey, fish shrimp, etc.)
- 1 cup chopped raw vegetables (any variety)
- 1 to 1 1/2 cups cooked pasta
- 1/2 to 1 cup cooked or canned beans, if desired
- 2 tbsp. reduced-fat vinaigrette salad dressing
- 1 tbsp. plain low-fat yogurt mixed with a little reduced-fat mayonnaise
- Freshly ground pepper, if desired

Toss together meat, vegetables, pasta, beans, salad dressing and yogurt mixture. Sprinkle with pepper.

Serve immediately, or cover and refrigerate 1 hour or up to overnight to let flavors blend.

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One in nine women will develop breast cancer at some point in her life, but mammography can help you beat the odds.

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ACR-accredited facility. This means Memorial's Mammography Center maintains the healthcare industry's most recognized accreditation for consistently following strict guidelines for low-dose, high-image quality.

Don't fear the results of a mammogram. With today's effective treatment options, up to 90 percent of women with breast cancer can beat the odds when it is found and treated early.

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### Wedding Memories

A special tribute to couples wed from 1900-1996 will appear in the Classified section on Sunday, June 30.



Honor your parents or friends or rekindle your own memories by placing a special tribute in this special section. The deadline is Monday, June 24th, and the price is the year the couple was wed. For example: If you were married in 1933, the cost of the ad would be \$19.33. To submit your tribute, complete the form below, include photograph & payment and mail to: Suburban Journal, 1714 Deer Tracks Trail, St. Louis, MO 63131. Please put your name and address on the back of the photos so that we may return them. If you have any questions, please call us at (314) 966-FAST (3278).



#### Wedding Memories

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City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
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- 5 lbs. BULK or 3 lbs. LINK SAUSAGE (Plain, Garlic or Italian)
- 2 lbs. BACON
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# Today's Food

## Guys like dinner beef on grill

For dad, grandpa, Uncle Floyd or the boy next door, this is the month to celebrate men in our lives. Father's Day is the focus, but any time in June ought to be in celebration of all these good guys.

Grilled steak is the optimum meal focus. It can be chicken or seafood, burgers or pizza. Grilled vegetables are a new favorite.

Guys often opt for a juicy beef steak. Porterhouse is a well-known cut, but leaner steaks — which are lower in fat — often have more beefy flavor than more tender, more expensive cuts.

One of the best cuts to grill is flank steak. Because it is so lean, flank steak can be tough and stringy, but there are two secrets to grilling great

flank steak.

The first is to take a look at the raw steak and note the grain in the meat. Then, when the meat is cooked, slice it thinly across the grain.

The second, and equally important, component is a marinade. A good marinade contains lots of flavor and an acidic ingredient, such as vinegar or citrus juice, which acts as a natural tenderizer to break down tough fibers in the meat.

It can be as simple and tasty as bottled Italian salad dressing. Just coat the meat with the dressing, cover the dish and pop it into the refrigerator, where it tenderizes and flavors meat for tender, juicy steak every time.

Grilled Steakhouse Salad draws its inspiration from the simple menus at great steakhouses — beef, mushrooms, tomatoes, spinach salad and garlic bread.

Beef, as well as mushrooms, are coated and marinated in the Italian dressing.

- 1/4 lb. portabella mushrooms (about 2 large), wiped clean
- 4 large cloves garlic, peeled
- 1 tsp. olive or vegetable oil
- 6 slices French bread, about 3/4 inch thick
- 6 cups torn spinach leaves
- 12 cherry tomatoes, halved
- 1/2 cup shaved or coarsely grated parmesan cheese (about 2 ounces)
- Garlic croutons

By hand, pat pepper into both sides of steak. Place in shallow dish. Coat with half the salad dressing. Refrigerate 3 to 24 hours.

About 15 minutes before cooking, add mushrooms, turning to coat with marinade.

Lay garlic in double thickness of aluminum foil. Drizzle with oil. Fold up foil to enclose garlic completely.

Set foil-wrapped garlic at edge of coals. Grill about 20 minutes until garlic is very soft. Garlic also can be baked in preheated 400° oven about 40 minutes.

Grill steak over medium-hot coals or broil 3 inches from heat 12 to 14 minutes for medium doneness, turning once.

Grill mushrooms, turning once, about 10 minutes until tender.

About 3 minutes before meat is done, set bread at edge of coals. Turn once to toast lightly on both sides.

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### GRILLED STEAKHOUSE SALAD

- 1 1/2 tsp. cracked or coarsely ground black pepper
- 1 1/4 lb. beef flank steak, cut 3/4 inch thick
- 3/4 cup Italian salad dressing

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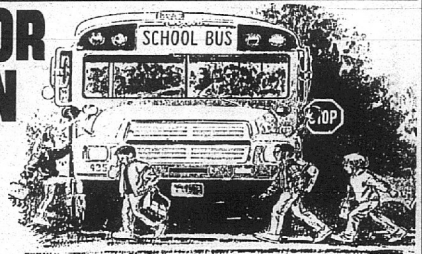
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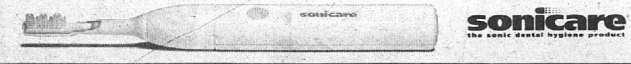
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## Heart-y Bites

By BECKY BLAIR

## Dessert treat for dad gets to heart of caring

Throughout the month of June, people turn to planning special ways to celebrate Father's Day.

Preparing a special meal was always one way I honored my father when he was alive. Often I experimented and tried new recipes. The key was to satisfy his sweet tooth without aggravating his heart condition.

Father's Day is not new. It first was celebrated on June 19, 1910. Its origin is attributed to Mrs. John Bruce Dodd of Spokane, Wash. Her father raised her and her siblings after their mother's death. The Spokane Ministerial Association approved the proposal for fathers to be honored on the third Sunday in June.

The official flower for Father's Day is the rose—red as a tribute to a living father, the white rose for remembrance.

One of my success stories through a succession of Father's Day meals ended with Orange Pound Cake Loaf with fresh berry topping.

This pound cake is drastically lower in calories, fat and cholesterol than the regular pound cake containing mega doses of eggs, butter and cream cheese. The fresh berry topping is

its crowning glory, taking advantage of the seasonal arrival of fresh fruits and vegetables.

The berry sauce—made with strawberries or blueberries—is fitting for the orange pound cake, but is equally refreshing and luscious over angel food cake, fat-free pound cake, sponge cake or vanilla frozen yogurt. The cake recipe is from the "Low Fat Way to Cook" (Oxmoor House).

Registered Dietitian Becky Blair is a member of the nutrition committee for the American Heart Association, St. Louis Chapter.

## ORANGE POUND CAKE LOAF

1 tsp. plus 1 1/4 cups flour  
2 tsp. baking powder  
1/4 tsp. salt  
3/4 cup sugar  
1 tbsp. grated orange rind  
3/4 cup fresh orange juice  
1/4 cup oil  
4 egg whites

Preheat oven to 350°. Coat bottom of 9-by-5-inch loaf pan with nonstick cooking spray. Dust pan with 1 teaspoon flour.

In large bowl, combine 1 1/4 cups flour, baking powder,

der, salt and sugar.

In small bowl, combine orange rind, juice and oil. Add to flour mixture. Beat at medium speed of electric mixer just until smooth; batter will be thick.

Beat egg whites at high speed of electric mixer until stiff peaks form. Fold one-third beaten egg white into batter. Gently fold in remaining egg.

Pour batter into prepared pan. Bake in preheated oven 55 minutes or until wooden pick inserted in center comes out clean.

Cool in pan 10 minutes. Remove from pan. Cool on wire rack.

Yields 16 servings; 126 calories, 2 g protein, 4 g fat, 21 g carbohydrate and no cholesterol each.

**Fresh Berry Topping:** Place 2 cups cleaned, sliced strawberries, blueberries, raspberries or any combination; 1/4 to 1/2 cup granulated sugar to taste; juice of 1/2 lemon, and 1/2 teaspoon cinnamon in large saucepan over low heat. Heat, stirring constantly, about 5 minutes. Do not overcook. Remove from heat. Let cool slightly. Best served soon after cooking. Serve warm or at room temperature.

## Recipe

## WESTERN BROIL WITH VEGETABLES

1 lb. beef top round or boneless sirloin steak, cut 1 inch thick  
1/2 cup reduced-sodium soy sauce  
2 tbsp. honey  
2 tsp. lemon juice  
2 green onions, finely chopped  
1/4 tsp. garlic powder  
6 oz. asparagus tips  
3/4 cup diagonally-sliced carrot  
1/2 cup frozen peas  
4 tomato roses, if desired

Combine soy sauce, honey, lemon juice, onion and garlic powder. Pour over steak, turning to coat. Marinate in refrigerator 6 to 8 hours, turning occasionally.

Add asparagus, carrot and peas to boiling water. Once water returns to boil, boil 3 minutes, then immediately plunge in ice water. When vegetables are thoroughly cool, remove them.

Pour off and discard marinade. On broiler or grill rack 3 to 4 inches from heat, cook meat 16 to 20 minutes to medium-rare, turning once. Keep steak warm.

Arrange equal amount of asparagus, carrot and peas on 4 dinner plates. Slice steak 1/4-inch thick. Arrange 4 slices over vegetables. Top with tomato rose.

Makes 4 servings; 240 calories, 6 g fat, 72 mg cholesterol, 692 mg sodium and 30 g protein each.

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## FEELING FIT

By Mark Lymbereopoulos

Scientists talk about your body's "weight," which monitors the body's store of fat. If you cut down on calories, the brain urges you to eat more, ignore it, and metabolism will slow. Only exercise will lower the setpoint safely, increasing metabolism and depressing appetite.

You can get a lot of chewing for 10 calories when you snack on 3 stalks of celery. For 30 calories' worth, you can fill up.

Muscle tissue burns more calories than fat tissue. Firm up, and you can eat more!

People who eat soup seem to limit their caloric intake automatically, according to a study at the University of Nebraska. Why? Soup fills the stomach, and it takes long enough to eat that the brain notices you're full.

How high should your pulse go during exercise? Your target zone, depending on your age, and general health, will usually range between 130 and 160 beats per minute.

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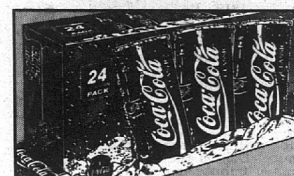
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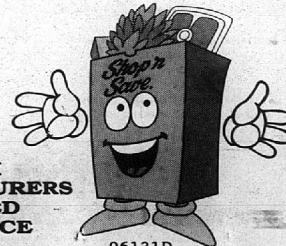
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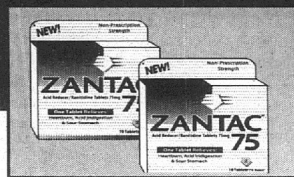
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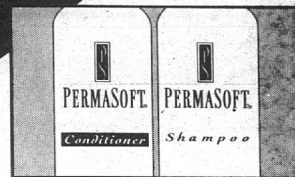
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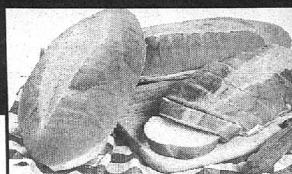
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AFTER \$2.00 MAIL-IN REBATE AVAILABLE IN-STORE  
Seagram's  
Coolers..... **2/\$5**  
4-PACK  
Malibu  
Rum..... **8.99**  
750-ML. BTL.  
OUR LOW SALE PRICE \$10.99  
Seagram's  
Gin..... **7.99**  
1.75-LTR. BTL.  
AFTER \$3.00 MAIL-IN REBATE AVAILABLE IN-STORE  
OUR LOW SALE PRICE \$10.99  
Ten  
High..... **7.99**  
1.75-LTR. BTL.  
AFTER \$3.00 MAIL-IN REBATE AVAILABLE IN-STORE  
Please-Drink Responsibly  
Don't Drink & Drive

1.7-OZ. WIDE SOLID, 2-OZ. SOLID, 2.25-OZ.  
HIGH ENDURANCE, OR STICK  
Old Spice,  
Secret or Sure.... **1.49**  
EACH  
Mycitracin  
Ointment..... **2.49**  
1/2 OZ. TUBE  
GEL, SPRAY GEL  
OR MOUSSE-N-GEL  
Dep Hair Styling **1.99**  
7-12 OZ. PKG.

ALL  
Gerber  
Baby Supplies **25% off**  
EXCLUDES FOOD, FORMULA, & JUICE  
NORMAL, DRY  
OR SENSITIVE  
Basis Soap..... **1.99**  
3-OZ. BAR  
24-CT. ALLERGY  
CHEWABLE OR 4-OZ.  
ALLERGY ELIXIR  
Benadryl..... **3.59**  
EACH

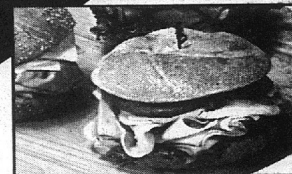
## Bakery, Seafood & Deli Dept. VALUES!

Bakery, Deli,  
& Seafood not  
available at  
all stores



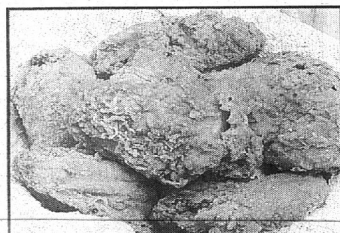
FRESH BAKED  
Italian Bread

**89¢**  
16-OZ. LOAF



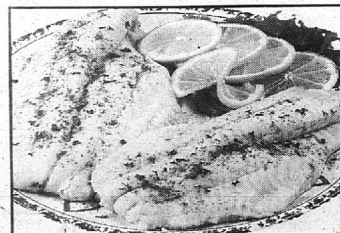
Jennie-O Honey  
Turkey Breast

**3.99**  
lb.



GRANITE CITY ONLY  
8-Piece Fresh  
Fried Chicken

**3.88**



GRANITE CITY ONLY  
Catfish  
Fillets

**3.39**  
lb.

Toufayan  
Pocket Bread.. **99¢**  
12-OZ. PKG.  
SINGLE LAYER  
Father's Day  
Cake..... **3.99**  
8-INCH  
Alaskan  
Whitefish..... **1.99**  
lb.  
FRESH  
Bay  
Scallops..... **4.99**  
lb.

ALL MEAT, GARLIC  
OR BEEF  
Eckrich  
Bologna..... **2.69**  
lb.  
PICKLE, OLIVE,  
OLD FASHION OR  
Klements Ham  
& Cheese Loaf.. **2.89**  
lb.  
FLAKES OR STICKS  
Kanimi  
Crab..... **2.99**  
lb.  
Mako  
Shark..... **4.59**  
lb.

More Great Values In-Store!



# Save You More!

## Dairy & Frozen Food VALUES!



ASSORTED VARIETIES  
**Red Baron Deep Dish Singles**

**2/\$5**  
12-OZ. PKG.



ASSORTED VARIETIES  
**Lender's Frozen Bagels**

**99¢**  
5-6 CT. PKG.



ASSORTED VARIETIES  
**Tropicana Premium Orange Juice**

**2/\$4**  
64-OZ. CTN.



ASSORTED VARIETIES  
**Kraft Chunk Cheese**

**99¢**  
8-OZ. PKG.

ASSORTED VARIETIES  
**Jack's Pizza**..... 15-21 OZ. PKG. **2/\$5**

ASSORTED VARIETIES  
**CROISSANT, LEAN OR Hot Pockets**... 9-10 OZ. PKG. **2/\$4**

ASSORTED VARIETIES  
**Inland Valley Frozen Potatoes** **99¢**  
24-32 OZ. PKG.

ASSORTED VARIETIES  
**Downyflake Frozen Waffles**... **99¢**  
10-12 OZ. PKG.

ASSORTED VARIETIES  
**Micheline's Entrees**..... 5-9.5 OZ. PKG. **88¢**



OLD RECIPE  
**Prairie Farms Ice Cream**..... **2/19**  
HALF GALLON



SELECTED VARIETIES  
FROZEN  
**Flav-R-Pac Vegetables**..... **88¢**  
10-OZ. PKG.

**Kraft Deluxe American Slices**... **1.99**  
12-OZ. PKG.

NON DAIRY  
**Pet Whipped Topping**... **2.99**  
5-OZ. PKG.

REGULAR OR LIGHT  
**Edy's Grand Ice Cream**... **2/\$6**  
HALF GALLON

## Shop 'n Save & Bi-Rite Products Save You Even More!

**Shop 'n Save White Vinegar**... **1.29**  
128-OZ. BTL.

**Shop 'n Save Vegetable Oil**..... **1.99**  
48-OZ. BTL.

FROZEN, SLICED  
**Shop 'n Save Strawberries**.. **69¢**  
10-OZ. PKG.

WHOLE  
**Shop 'n Save Tomatoes**..... **3/\$1**  
14.5 OZ. CAN

DICED  
**Shop 'n Save Tomatoes**..... **2/\$1**  
14.5 OZ. CAN

SHOP 'N SAVE  
**Honey Graham Crackers**..... **99¢**  
16-OZ. BOX

**Shop 'n Save Sweet Relish**... **1.19**  
16-OZ. JAR

SLICED  
**Shop 'n Save Hamburger Dill**... **1.49**  
32-OZ. JAR

SQUEEZE  
**Shop 'n Save Mustard**..... **2/\$1**  
16-OZ. BTL.

GRANITE CITY ONLY  
**Bi Rite Paper Plates**..... **39¢**  
100-CT. PKG. LIMIT 3

**Bi Rite Laundry Detergent** **7.99**  
30-LB. PAIL

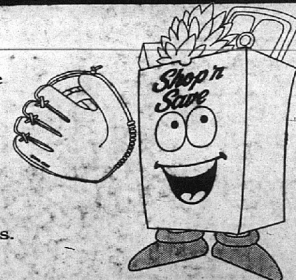
**Bi Rite Foam Plates**.. **99¢**  
40-CT. PKG.

## Get a FREE Cardinals Baseball Ticket!



Get one \$9.50 Terrace Reserve Seat **FREE** with the purchase of another \$9.50 ticket and \$5.00 Worth of Shop 'n Save Brand Products

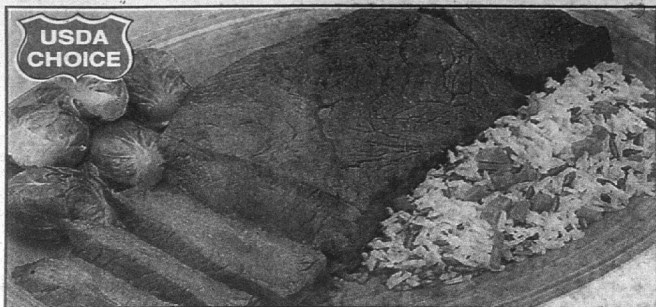
**Here's How!**  
Present your Shop 'n Save receipt showing the purchase of \$5.00 or more of Shop 'n Save brand products to the ticket window at Busch Stadium. Purchase a \$9.50 ticket and you'll receive a **FREE \$9.50 ticket**. Limit one free ticket per receipt. Offer not valid with other discounts. While supply lasts.



**Tickets for Sunday,  
June 16th 1:15  
p.m. vs. Mets**

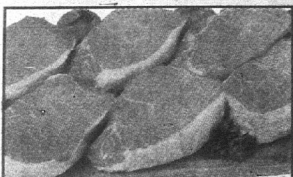


# TOTAL VALUE



USDA CHOICE CORN FED BEEF  
WHOLE IN THE BAG, PACKER TRIMMED  
**Boneless Beef Brisket**

**98¢**  
lb.



CENTER CUT  
**Boneless  
Pork Chops**

**2.99**  
lb.



GRANITE CITY ONLY  
**Pork  
Spareribs**

**1.49**  
lb.



CENTER CUT  
**Boneless  
Pork Roast**

**2.99**  
lb.



**Oscar Mayer Fun  
Pak Lunchables**

**3/\$5**  
11.2-12.2  
OZ. PKG.

ASSORTED VARIETIES  
**Farmland  
Lunchmeats.... 99¢**  
12-OZ. PKG.

COUNTRY  
**Tennessee Pride  
Pork Sausage..... 1.69**  
1-LB. ROLL

6-8 POUND AVERAGE  
**Lil' Butterball  
Young Turkeys 99¢**  
lb.

GOLDEN BROWN  
**Jones Sausage  
Patties or Links 99¢**  
8-OZ. PKG.

STICKS OR PORTIONS  
**Gorton's Value  
Pack Fish..... 3.99**  
24.5-OZ. PKG.

LINKS  
**Oscar Mayer  
Pork Sausage.... 2.89**  
lb.

**Louis Rich  
Ground Turkey 99¢**  
1-LB. ROLL

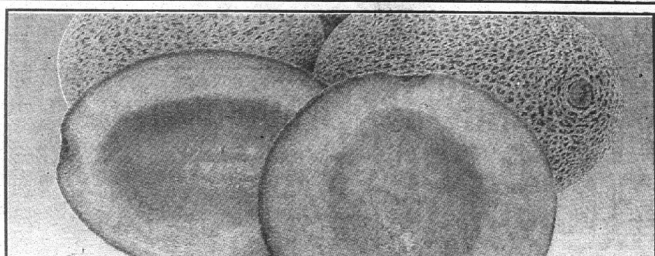
**Brookfield Corned  
Beef Brisket..... 1.99**  
lb.

10-12 LB. AVG.  
**Mickelberry Whole  
Boneless Ham.... 1.79**  
lb.

MAPLE FLAVOR  
SURREY FARM OR  
**Mayrose  
Sliced Bacon..... 1.79**  
1-LB. PKG.

ALL MEAT  
**Hygrade  
Hot Dogs..... 99¢**  
1-LB. PKG.

PICKLE LOAF OR  
Seitz  
**Cooked Salami.... 1.49**  
1-LB. PKG.

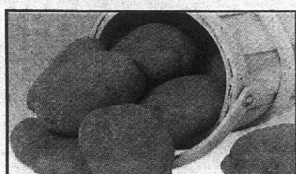


**Colossal Cantaloupes**

SWEET RIPE,  
6 COUNT SIZE.

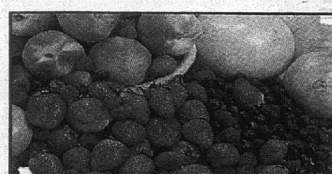
**98¢**  
EACH

Sweet Ripe  
HoneyDews 2/\$3



U.S. NO 1  
**Russet  
Potatoes**

**1.98**  
10 LB. BAG



Try These  
**Exotic Varieties!**  
NOT AVAILABLE AT ALL STORES

HYDROPONIC  
**Bibb Lettuce .... 98¢**  
HEAD

FRESH  
**Leeks ..... 98¢**  
lb.

**Alfalfa Sprouts... 68¢**  
2-OZ. PKG.

MELISSA'S  
**Risoto ..... 1.38**  
1-LB. PKG.

MELISSA'S  
**Pinenuts ..... 2.48**  
2-OZ. BAG

MELISSA'S, NEW MEXICO  
**Dry Peppers ..... 1.98**  
2-OZ. PKG.



5 a Day - for Better Health!

**Driscoll  
Raspberries..... 1.88**  
PINT

RED RIPE  
**Whole  
Watermelons..... 3.78**  
EACH

CALIFORNIA  
**Valencia  
Oranges..... 1.88**  
4-LB. BAG

CALIFORNIA  
**Sunkist  
Lemons..... 3/.98**

**Dole Cole  
Slaw Blend..... 88¢**  
1-LB. BAG

**The Finest Quality  
& Selection!**

RED OR GREEN LEAF  
**California  
Leaf Lettuce..... 88¢**  
lb.

SWEET  
**Vidalia  
Onions..... 68¢**  
lb.

FRUIT FLAVORED  
**Rainbow  
Drinks..... 8/.98**  
8-OZ. BTL.

**Shop 'n Save**  
The more you shop the more you save. SM

S	M	T	W	T	F	S
			12	13	14	15

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MONEY BACK  
MEAT & PRODUCE  
GUARANTEE  
WITH PROOF OF PURCHASE**



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PLASTIC!

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Monday - Friday

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Saturday &amp; Sunday

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for your next vehicle loan!  
It's easy and TOLL FREE...do it NOW!  
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**JACK SCHMITT OF O'FALLON**

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NAME	First	Middle	Last	Sex	Date of Birth	Phone #
ADDRESS	Number & Street	City	County	State	Zip	Lived There (Yes/No)
By: Mr/Ms/Mr/Ms	Lender's Name (Name, Address & Phone #)	Main Payment				
PREVIOUS ADDRESS	Number & Street	City	County	State	Zip	Lived There (Yes/No)
Employed	Name of Company	Address	City	State	Phone #	How Long (Years/Months)
Taken On Collection	State/Agency/Other Taxes	Name of Previous Employer	Address	City	State	Phone #
Signature	For Use By Lender					

**SUNSET FORD**  
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ST. LOUIS, MO 63127

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THAT GOT  
THE LOAN  
THAT BOUGHT  
THE CAR THE  
MARTINEZ'S  
DRIVE.**



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BELLEVILLE

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TIME  
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## New 1996 LUMINA



**\$15,444\***  
6.9%  
50 IN STOCK

Factory Air,  
AM/FM  
Stereo &  
Much More!

## OVER 25 FULL-SIZE PICK-UPS IN STOCK

## 1996 HALF-TON PICK UP



**\$15,785\***  
SALE PRICE  
A/C, AUTO  
& Much More!

## New OVER 12 TO CHOOSE FROM 1996 CAVALIER COUPE

5 Speed Manual Trans.,  
Power Steering  
and Brakes & Much More!

**\$10,272\***  
\*Excludes Tax, Title & Doc. Fee  
\*Includes \$400 rebate for qualified 1st time buyer

## 1996 S-10 PICKUP

\$500  
REBATE

**\$10,360\***  
\*Excludes Tax, Title & Doc. Fee  
\*Includes \$400 Rebate for Qualified 1st Time Buyer

## OVER 12 TO CHOOSE FROM NEW 1996 CORSICA

LIST PRICE \$13,995  
Weber Discount - 744  
Factory Rebates - 1,000  
Qual. 1st Time - 400

**\$11,851\*** SALE PRICE  
\$1,000 REBATE  
limited time offer



\*Includes qualified 1st time buyer  
Excludes Tax, Title & Doc. Fee

## \$1,000 REBATES ON ALL PRIZMS

OVER 80 PREOWNED CARS &amp; TRUCKS

Sale Prices Exclude Taxes, Lic., Title &amp; Doc. Fees

95 PONTIAC BONNEVILLE 4DR, LOADED, EXTRA CLEAN, LOW MILES	95 CHEVY ASTRO AWD EXT VAN LOADED - EXTRA CLEAN	94 CORSICA V6, EXTRA CLEAN 14,000 MILES	92 CAMARO RS V8, AUTO, AIR, & MORE EXTRA CLEAN	94 CHEV 1/2 TON EXT CAB 4X4, LOADED 27,000 MILES	93 DODGE DYNASTY 4 DR LOADED, EXTRA CLEAN
94 IMPALA SS 350 V8, LOADED, EXTRA CLEAN	92 GMC 1/2 TON P/U 4X4, AIR & MORE	93 BUICK CENTURY V6, LOADED, EXTRA CLEAN	93 BUICK SKYLARK 4 DOOR EXTRA CLEAN	95 CAVALIER CPE RED, AUTO, AIR	93 PLYMOUTH SUNDANCE 2 DR, AIR & MORE
98 S10 P.U. LS 4.3V6, AUTO 1,000 MILES	95 DODGE D150 4X4, LOADED, V8, EXTRA CLEAN	93 CAVALIER Z24 V6, AUTO & MORE	90 CAPRICE CLASSIC BROUGHAM, LOADED EXTRA CLEAN	91 FORD F150 EXT. CAB EXTRA CLEAN	93 S10 BLAZER 4 DR V6, LOADED EXTRA CLEAN
99 OLDS REGENCY LOADED EXTRA CLEAN	96 IMPALA SS LOADED 8,000 MILES	94 CHEV 1/2 TON SILVERADO LOADED, 4X4, 29,000 MILES	94 CORSICA EXTRA CLEAN 6,000 MILES	95 CAVALIER LS 4 DR LOADED EXTRA CLEAN	92 CHEV 1/2 TON P.U. 4X4 SILVERADO LOADED
95 GMC K1500 EXT CAB V8, 4X4 EXTRA CLEAN	95 BERETTA CPE SUNROOF, AUTO, AIR, EXTRA CLEAN	94 S10 EXT CAB 4X4, LOADED GLASS SHELL	91 CHEV 1/2 TON PU SILVERADO, LOADED, 48,000 MILES	94 FORD TAURUS GL 4 DR, V6 EXTRA CLEAN	96 SATURN SL 4 DR AUTO, LOADED, 9,000 MILES
95 PROGRAM CORSICAS 5 IN STOCK	95 PROGRAM CIERAS 4 IN STOCK	94 FORD PROBE AUTO, AIR, & MORE EXTRA CLEAN	94 CHEV S10 BLAZER 4 DR, LOADED, 4X4 EXTRA CLEAN	94 CAVALIER CONV. V8, LOADED 2 IN STOCK	92 CORSICA 4 DOOR AUTO, AIR, & MORE

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Call 711-8888

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1992 Mitsubishi Pajero, grey,  
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cassette, 14500,  
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15 1996 Yamaha 1500W  
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1991 aluminum boat with trail-  
er, 1000W, 1991 Yamaha 1000W  
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Full time, 9-5, 40 hours per week.  
Salary plus good bonus plan.  
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or 681-7777. Monday, June 11, 96  
Monday, June 11, 96

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is looking for seasonal representatives to  
handle telephone inquiries. Jobs are lo-  
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guarantee of the number of hours per week,  
month, or year. Workload may range from  
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tives cannot be guaranteed specific days or hours.  
We will also hire a few bilingual representa-  
tives. Applicants for the bilingual positions  
must be proficient in English and  
Spanish. Starting salary for these positions  
is \$9.57 per hour, and positions have promo-  
tion potential. Training will be provided.  
Employees earn vacation and sick leave and  
may be eligible for other employee benefits.  
U.S. citizenship is required. This is an-  
nounced through the Office of Personnel  
Management for the period 6/3/96 - 6/14/96.  
For further information, call Mrs. Ray at  
(314) 593-7974 no later than June 14, 1996.

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- ☐ Last 2 Current Pay Check Stubs
- ☐ \$1200 Monthly Income (Minimum)
- ☐ One Year on Job
- ☐ 10% Cash or Trade Down

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**New 1995 Dodge Ram Pickup**

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**441,000 \$7,995**

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**20,000 mi. \$29,500**

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**41,000 mi. \$9,900**

**90 GMC SAFARI**

**CONVERSION \$8,500**

**89 DODGE B-150 PICKUP**

**LOW MILES \$5,995**

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**★ \$1000N/\$1,495 ★**

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**★ \$1000N/\$1,495 ★**

**115 MISC VEHICLES**

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**★ \$1000N/\$2,995 ★**

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**★ \$1000N/\$2,995 ★**

**★ \$1000N/\$2,995 ★**

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## **ads from women**

**35-year-old Muslim Hispanic Female, seeking Muslim Arab Male, 30-45. Must be Muslim in good standing. Non-smoker, non-drinker. Must like children.** #15888

**Attractive SWF, 34, likes fishing, camping and horseback riding. Looking for SWM, 34-40, with similar interests. Kids ok.** #15846

**Attractive WF, 25, full-figured, loves to dance and watch movies. Seeks BM, 24-32, to hang out and have fun, possibly more.** #15878

**Attractive, petite, proportioned, affectionate DWF, 28, likes outdoors, swimming, quiet evenings watching movies. ISO SBM, 31-40, with similar interests, for companionship.** #15882

**Attractive SF, 40s, 5'3", 140 lbs, loves quiet evenings, cooking, children, looking for honest Gentleman, 38+, for fun and friendship.** #15963

**Attractive DWF, 30, 5'7", 125 lbs, two children, loving parents, affectionate, enjoys life. ISO SBM, 30-40, professional, attractive, fit.** #14006

**Attractive, slender SWCF, with sense of humor, sincere, affectionate, romantic, loves sports, art, movies, drives, enjoys life. ISO SBM, 30-40, professional, attractive, fit.** #14007

**Attractive, affectionate, caring SWF, 33, 5'7", smoker, social drinker. Enjoys outdoors, dining out, quiet times together. ISO SBM, 30-40, professional, attractive, fit.** #14008

**Beautiful teacher - DBCF, fun-loving, young, blonde, Taylor looks like ISO distinguished Gentleman for quality relationship.** #14042

**Beautiful, young-looking, nice, easygoing Lady, BCF, 5'2", 125 lb, black/hazel, ISO healthy, honest Gentleman, 5'2"-5'9", 200 lbs, race unimportant.** #14045

**Blonde, blue-eyed WWMF, 36, looking for friends.** #15943

**Caring, professional, attractive, Christian WWMF, 30, professional, honest, caring Man.** #14119

**Catholic mom, 33, 5'10", full-figured, blonde/blue, seeking tall, outdoorsy, responsive, honest, romantic SWM, 30-42, to complete our family.** #14052

**Classy, pretty, energetic DWF, 37, blonde/blue, ISO professional, fun-loving, honest, caring Man.** #14053

**Classy, warm DWF, 48, 5'4", psychologist in an atm, attractive, sincere. ISO DWM, nonsmoker, 45-54.** #14016

**Compassionate, intelligent, pretty SWF, 43, 5'5", 130 pounds, degreed, humorous, fun-loving, sincere. ISO DWM, 40-50, seeking a man who doesn't mind a woman wearing a mini-dresses, short shorts or whatever.** #14020

**DWF, 38, slender, attractive, smoker, brunette, 5'6", down-to-earth country Gal. Enjoys swimming, camping, dancing, quiet evenings, spending time together. Looking for affectionate DWM, 40-45, 5'9", handsome, humorous, who doesn't mind a woman wearing a mini-dresses, short shorts or whatever.** #14021

**DWF, 47, 5'4", neighborhood proportioned, reddish-brown/hazel, enjoys outdoors, dancing, movies, dining. ISO mature DWM, 45-50, for friendship, possible relationship.** #15923

**DWF, Civil War buff, late 40s, seeking financially stable, successful, stable WF, 40-55, who enjoys travel, camping, and history.** #15954

**Extra ticket, West County SWF, 36, entertains Fortune 500 clients at professional events with lots of laughs. Join me.** #15131

**Farthest about love, Attractive DWF, 40, ISO attractive, well-built, honest, affectionate SDWM, who likes outdoors and togetherness.** #14032



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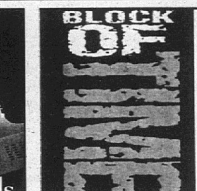
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**Active DWM, young 59, 5'10", 160 lbs, above average looks, financially secure. ISO a classy Lady or significant other for a conventional monogamous relationship. Prefer West County.** #14120

**Active, romantic, handsome, professional DWM, 44, affectionate, secure, physically fit, ISO attractive, slender Lady, 32-42, for summer fun, possible relationship.** #14108

**Active, versatile, outdoorsy, one-woman Man DWM, 42, 6'2", seeks thoughtful, warm, positive, energetic SDWF, 25-42, for a quality relationship. Illinois side.** #14026

**Adventurous, educated DWM, 33, 4'7", 235 lbs, brown/brown, ISO tall, fit SDWF, 25-35, who enjoys camping, boating, quiet evenings at home. Seeking a companionate, respectful relationship.** #15893

**Adventurous, clean-cut, St. Peter's DWM, 40, wants to share fun times, boasting this summer with sincere, slender SDWF, 30-40.** #14035

**Affectionate, caring SWM, 23, 6'1", 160 lbs, seeking SF, 18-25, who enjoys playing pool, darts and swimming, for a relationship.** #15894

**Affectionate, sincere SWM, 30, enjoys togetherness, romantic evenings, traveling. ISO honest, affectionate, social drinker, for a one-on-one relationship.** #15932

**Affectionate DWM, 34, 5'10", 175 lbs, financially secure, caring, honest, easygoing, romantic, fit. Enjoys outdoors, travel. Seeking affectionate SDWF, 25-37.** #14107

**Artbook junkie. SWM, 61, 175 lbs, bookworm/music/film lover, enjoys SF, 20-30, possible marriage, art museum, tennis.** #14065

**Athletic DWM, 46, 5'9", 165 lbs, nonsmoker, financially secure; enjoys SF, 20-30, who enjoys antiques, movies. Seeks relationship with DWF, 30-45, intelligent, athletic, honest, attractive, compassionate, sense of humor.** #15889

**Athletic DWM, 35, 5'9", 180 lbs, nonsmoker, enjoys kids, boating, fishing, hiking, travel, fine dining. ISO SDWF, similar interests.** #14021

**Attractive, sincere, degreed DWM, 53, 5'7", 170 lbs, ISO SWF, 40-48, fit and spirited, for companionship and possible long-term relationship.** #15873

**Attractive DWM, 40, 6'4", 250 lbs, nonsmoker, enjoys kids, boating, fishing, hiking, travel, fine dining. ISO SDWF, similar interests.** #15971

**Attractive SWM, 24, 6', 160 lbs, enjoys dancing, listening to music and has a sense of humor.** #14015

**Attractive WFM, 22, 5'6", well-built, enjoys dancing, listening to music and has a sense of humor.** #14015

**Attractive SWM, 28, 5'6", 220 lbs, fit, independent, SUE alumna. Enjoys dancing, swimming, art, ISO attractive, proportionate SWF, 23-30, Friendship, relationship.** #14021

**Black knight of Hillsboro seeks fair damsel. Attractive DWM, 35, seeks lady in waiting, for long-term relationship. Mistle-yeve dreamer preferred.** #14046

**Caring SWM, 34, sensitive, college-educated. Looking for kind, caring, fun-loving, honest, intelligent, open to relationship. Nonsmoker, light drinker.** #14063

**Casual, simple SWM, 45, 5'7", 160 lbs, enjoys dancing, listening to music and has a sense of humor. Looking for WF, 35-50.** #14039

**Charming, romantic, caring, athletic SW professional M, without kids, seeking SWF for fun, romance, and possible relationship.** #15890

**Clean-cut SWM, 24, 5'9", 160 lbs, brown/brown, n/s, ISO honest, caring, compassionate, fun-loving DWM, 20-30, who enjoys movies, walks and dining out.** #14061

**Collinsville area, warmhearted DWM, 41, 5'9", 165 lbs, blonde/green, n/s, n/d, Father of three, seeks SF, 25-35, who is, for lasting relationship.** #15877

**Cute SWM, 24, 6'1", 205 lbs, student, enjoys dancing, listening to music and has a sense of humor. Looking for WF, 35-50.** #14039

**Dashing knight, SWM, 40, 5'11", 160 lbs, Want my dream Girl to become a reality. SWF, 25+, similar type. Friendly, positive, fun.** #14048

**Decent, good-looking DWM, 31, 185 lbs, no kids, one dog. Seeks decent, good-looking WF for relationship.** #14112

**Divorced 60-year-old Male, 6'1", 220 lbs, brown eyes, gray, curly hair. Enjoys weekend trips, movie, country western dance, barbeque. Seeking relationship. Serious replies only.** #14092

**Down-to-earth, sincere SWM, 45. Enjoys symphony, workouts, theater. Seeking outgoing, romantic SWF, 28-39, who wishes to share good times, romantic evenings.** #15894

**DW father of two, 23, 5'10", 170 lbs, good-looking, ISO mature, slender woman, 25+, for romantic relationship.** #14033

**DWM, 44, 5'7", 155 lbs, brown/blonde, nonsmoker, non-drinker, enjoys movies, dining, quiet evenings at home. Seeking DWF, 40-45, without children.** #15849

**DWM looking for a SWF, 30-35, who likes movies and walks in the park for friendship, possibly long-term relationship.** #15904

**DWM, 31, 5'11", 160 lbs, smoker. Seeking a SWF, 18-25, for friendship or possible relationship. Enjoys cooking, camping, sports, travel, all music and animals.** #15937

**DWM, 31, 6'3", 240 lbs, blonde hair, blue eyes, self-employed, nonsmoker, social drinker, several interests. ISO attractive, mature SWF, age open.** #15899

**DWM, 35, 6'1", 220 lbs, German, brown hair, beard, mustache, hazel eyes. Enjoys outdoors, boating, fishing, dining out, quiet and romantic evenings at home. Very clean. ISO WF, who enjoys the same, slender, dark hair, attractive, honest, age 28-38, possible marriage.** #14069

**DWM, 39, nonsmoker, non-drinker, 6'00 lbs, one child, enjoys kids, camping, fishing, swimming. Seeks SDWF, 34-42, height/weight proportionate.** #15885

**DWM, 40, 5'10", 165 lbs, brown/hazel. Searching for attractive, shapely SDWF Lady, 35-42, for relationship.** #15874

**DWM, 43, 5'10", 175 lbs, black/brown, smoker. Interests: sports, outdoors, dining, cooking, movies, evenings home. Seeks secure SDWF, 35-45, height/weight proportionate, for relationship.** #14050

**DWM, 46, 6'2", n/s, light social drinker. Intelligent, varied interests. Seeks with similar qualities. Willing to satisfy my thirst for knowledge, become my companion. ISO DWM, 40-50, who enjoys dancing, listening to music and has a sense of humor.** #14079

**DWM, 57", 160 lbs, blue eyes, enjoys kids, enjoys dancing, listening to music, camping hiking, seeking similar SWF for weekend road trips.** #15870

**Faithful SWM, 24, 5'11", 160 lbs, honest, sincere, fit, loves outdoors, parks, hiking, open-minded, goodhearted. Serious about friendships and relationships.** #15949

**Finding Ms. Right. Looking for young, attractive BF, 20-30, for possible relationship. Interests: bowling, movies, walks and dining out.** #14061

**Fit SWM, 55, 5'8", 185 lbs, enjoys dining, movies, outdoors, quiet evenings at home. Seeking medium build, same interests.** #15930

**Fun-loving, secure DWM, 45, 5'8", 160 lbs, nonsmoker, SDWF, 38-50, who enjoys golf, camping, boating, motorcycling, for a relationship.** #15904

**Good Man seeking Good Woman. DWM, 40, 6' handsome, shy, likes weekends in country. Seeking cute, blonde, 22-28, weight proportionate.** #15868

**Handsome CM, very athletic, 38, 185 lbs, 6', seeking SDWF, race unimportant, varied activities. I promise to make you happy.** #15883

**Handsome professional, trim, shapely, degreed DWM, 40s, 6'3", enjoys country western dance, ISO 36-50, very attractive, bright, sincere nonsmoker, 5'5"-5'9".** #15910

**Handsome, honest, romantic DWM, 35, reddish-brown/blonde, 5'9", 185 lbs, fair, enjoys outdoors, plays, seeking level-headed, decent, honest, mature, ISO outgoing SF, 18-40.** #15905

**Hardworking, friendly SWM, 22, smoker, loves outdoors, sports and movies. Seeking a lady, ISO SWF, 18-25.** #15868

**Hardworking DWM, 40, 5'9", 160 lbs, romantic, affectionate, adventurous, likes outdoors, sports, new weekend trips. ISO SDWF, 25-42.** #14027

**Harley Man, SWM, 33, 5'11", 175 lbs, blonde hair, beard, mustache, hazel eyes. ISO attractive Female, 18-38, petite to medium-built, for a good time.** #15885

**Hit Mixed SM, 24, looking for F, 25-30, mature, who wants to go out and have fun. Friendship first, possible relationship.** #14091

**Honest and caring SWM, young 44, 5'9", weight/height proportionate, tall, beard, no children. Seeking a similar, attractive WF, 30s.** #14000

**Honest, employed, Christian DWM, 30, nonsmoker, good taste, no kids, seeks Christian SF, for long-term relationship. Sincere replies only.** #14013

**Honest, fun-loving SWM, 21, likes movies and long drives. Seeking SWF, 18-23, similar interests. All inquiries answered.** #14068

**Honest, handsome DWM, 42, 6', 220 lbs, likes outdoors, romance. Seeking affectionate, passionate, SDWF, 30+, kids welcome, Alt. area.** #15876

**Honest, sincere DWM, 41, enjoys many activities, ISO a lady who is a lady. city lady preferred.** #14095

**If love comes knocking, would you answer to the sound of my hope? I'm a lady who's 30, 5'5", 130 lbs, with romance in your heart. M. DWM, 44, 5'8", 155 lbs.** #15903

**Intelligent, caring SWM, 45, 5'7", 180 lbs, black/brown, likes sports, looking for WF, with no children.** #14059

**ISO SWF, 18-21, SWM, 20, enjoys camping out, boating, dining out, movies, cuddling. Social drinker, seeks a similar, dancing, companionship, possible relationship.** #14079

**ISO WF, 21-31, dark hair/complexion, extremely attractive mother, nice smile, cute face, slender. ISO a nice attractive father, 29.** #15935

**Jeans and T-shirt DWM, 45, 5'8", 190 lbs, nonsmoker. Enjoys dancing, movies, outdoors, seeking similar. Attractive SDWF, 40-47, for companionship.** #14029

**Looking for love. Middle-class DWM, 41, seeking down-to-earth, non-materialistic, nice-looking Female, 25-45, who likes movies, music, spending time together, commitment.** #15909

**Looking for you. WCM, 33, blonde, 5'8", 130 lbs, likes outdoors, movies, theater. ISO WF, similar values and interests.** #15949

**Looking for my best friend. We'll laugh, fight, play, love together. ISO a SWM, 37, 5'9", 160 lbs, slender, professional, 30-something SWF for long-term relationship.** #15949

**Looking for serious level SWM, 23, seeking Female, 20-27, to help me heal my broken heart. Serious bowler, nonsmoker, walks and dining out.** #14040

**Lost without love. SWM, 27, brown/blush-gray, medium-built, active, romantic. ISO young SF, 20-28, who is a lady, race unimportant; similar interests.** #15928

**Loving, 53-year-old WWMF, 5'8", 160 lbs, nonsmoker and abstemious. Looking for a loving F share life. ISO 37 to 44-year-old WF, who enjoys dining, movies, music, quiet nights.** #14002

**Please look for more Meet Your Match ads in today's Suburban Journal.**

## **ads from men**

**18-year-old looking for companion who loves sports, romantic novels and mountain climbing.** #14037

**44-year-old DWM, 5'6", 220 lbs, seeking DWF, 35-45, who likes dining out, movies, walks in the park and sightseeing, travel.** #14034

**45-year-old Male, nonsmoker, likes horses, camping. Looking for WF, 30-45, who would be nice if I shared some of the same interests.** #15950

**45-year-old, country DM seeks long-term relationship with a SDWF, 35-50. Looks important.** #15970

**A man who values family life, 6', 195 lbs, blonde/green, father of two, ISO a wife to complete the package.** #15908



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**SWM, 45, 5'7",**  
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**WM, 45, 5'8"**  
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**WCM, 33,**  
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**AS START UP LEVEL**  
**1500-1600 PER WEEK**  
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**★ \$1600/MO ★**  
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**Power Construction Co.**  
**a growing mid-sized**  
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**Full time position**  
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**IS HIRING**  
**Those in your community who**  
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**ATTENTION STUDENTS & TEACHERS**  
 We can pay you to work on your own schedule. We are looking for students and teachers to work on a part-time basis. We offer a flexible schedule and a competitive salary. If you are interested, please call us at 312-555-1234.

**OLSTEN STAFFING SERVICES**  
 Sunbelt Hill 1015 S. Wabash  
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 We are looking for experienced and motivated individuals to join our team. We offer a variety of positions and a competitive salary. If you are interested, please call us at 312-555-1234.

**INSTALLERS**  
 Seats American...  
 We are looking for experienced installers to join our team. We offer a competitive salary and a flexible schedule. If you are interested, please call us at 312-555-1234.

**WELDERS**  
 Openings in ASME...  
 We are looking for experienced welders to join our team. We offer a competitive salary and a flexible schedule. If you are interested, please call us at 312-555-1234.

**WORD PROCESSOR**  
 Openings in...  
 We are looking for experienced word processors to join our team. We offer a competitive salary and a flexible schedule. If you are interested, please call us at 312-555-1234.

**Be A Team Player**  
 Score high as a CNA...  
 We are looking for experienced CNA's to join our team. We offer a competitive salary and a flexible schedule. If you are interested, please call us at 312-555-1234.

**RECEPTIONIST & DENTAL ASSISTANT WANTED**  
 Rapidly expanding...  
 We are looking for experienced receptionists and dental assistants to join our team. We offer a competitive salary and a flexible schedule. If you are interested, please call us at 312-555-1234.

**ACCOUNT RECEPTIONIST**  
 Interested in...  
 We are looking for experienced account receptionists to join our team. We offer a competitive salary and a flexible schedule. If you are interested, please call us at 312-555-1234.

**SECRETARY/LEGAL**  
 Immediate opening...  
 We are looking for experienced secretaries and legal assistants to join our team. We offer a competitive salary and a flexible schedule. If you are interested, please call us at 312-555-1234.

**330 MEDICAL & HEALTH CARE**  
**ORAL SURGERY**  
 ASSISTANT New Grand...  
 We are looking for experienced oral surgery assistants to join our team. We offer a competitive salary and a flexible schedule. If you are interested, please call us at 312-555-1234.

**COLONADES NURSING HOME**  
 is accepting applications...  
 We are looking for experienced nursing home staff to join our team. We offer a competitive salary and a flexible schedule. If you are interested, please call us at 312-555-1234.

**WEDDING MEMORIES**  
 June 30, 1996  
 Honoring parents...  
 We are looking for experienced wedding photographers to join our team. We offer a competitive salary and a flexible schedule. If you are interested, please call us at 312-555-1234.

**DIETARY COOK / AIDE**  
 BEING ACCEPTED FOR...  
 We are looking for experienced dietary cooks and aides to join our team. We offer a competitive salary and a flexible schedule. If you are interested, please call us at 312-555-1234.

**Be A Team Player**  
 Score high as a CNA...  
 We are looking for experienced CNA's to join our team. We offer a competitive salary and a flexible schedule. If you are interested, please call us at 312-555-1234.

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**340 CLEANING/EXTERIOR**  
**POWER-WASH SERVICES**  
 Residential & Commercial...  
 We are looking for experienced power-wash services to join our team. We offer a competitive salary and a flexible schedule. If you are interested, please call us at 312-555-1234.

**350 CHILD CARE**  
**BABYSITTER NEEDED**  
 Must be able to work...  
 We are looking for experienced babysitters to join our team. We offer a competitive salary and a flexible schedule. If you are interested, please call us at 312-555-1234.

**360 HOME IMPROVEMENT**  
**DAK CONSTRUCTION**  
 Residential & Commercial...  
 We are looking for experienced home improvement services to join our team. We offer a competitive salary and a flexible schedule. If you are interested, please call us at 312-555-1234.

**370 ELECTRICAL/ LICENSED**  
**METER GRADERS**  
 100 & 200...  
 We are looking for experienced electrical services to join our team. We offer a competitive salary and a flexible schedule. If you are interested, please call us at 312-555-1234.

**380 PERSONALS**  
**ADVICE & COUNSEL**  
 We are looking for experienced personal services to join our team. We offer a competitive salary and a flexible schedule. If you are interested, please call us at 312-555-1234.

**390 HOME IMPROVEMENT**  
**DAK CONSTRUCTION**  
 Residential & Commercial...  
 We are looking for experienced home improvement services to join our team. We offer a competitive salary and a flexible schedule. If you are interested, please call us at 312-555-1234.

**400 PERSONALS**  
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**410 PERSONALS**  
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**420 PERSONALS**  
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**440 PERSONALS**  
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**450 PERSONALS**  
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**460 PERSONALS**  
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**470 PERSONALS**  
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**480 PERSONALS**  
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**490 PERSONALS**  
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**500 PERSONALS**  
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**510 PERSONALS**  
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